



# TRINITY TIMES

NOVEMBER 2009

Trinity Episcopal Church

Trinity Episcopal Church  
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Office Hours:  
Wednesday-Saturday  
9 am -noon

The Rev. Heidi Truax

Linda Lloyd  
*Senior Warden*  
Roy Bickley  
*Junior Warden*

Geoffrey Brown  
*Clerk*  
John Lloyd  
*Treasurer*

Al Dorf, Bob Reid  
*Assistant Treasurers*

Christine Gevert  
*Organist/Choir Director*

Gretchen Hachmeister  
*Sunday School*

Lisa Brennan, *Bookkeeper*  
Jeff Silvernale, *Grounds*  
Junior Wright, *Sexton*  
Alexis Dorf, *Trinity Times*

## FROM THE VICAR'S DESK:

First and foremost let me say how overjoyed and honored I am that you have chosen me to be your second vicar at Trinity Church. I am looking forward with great expectation to working and praying, laughing and singing with all of you. There will inevitably be times, I know, when we will shed tears together too. But the operative word is "together".



Your parish mission statement describes all of this wonderfully and succinctly:

### *Offering companionship along the Way*

It immediately calls to my mind the story of the Road to Emmaus in the Gospel of Luke (24:13-35). It is a very familiar story to us from the Easter season. We may have heard this resurrection account many times, but there is always something new to discover, even in oft-heard scripture.

Two disciples walked along on their way to Emmaus, grieving because their friend and teacher, Jesus, was dead. A stranger came alongside and walked with them on the road. They didn't recognize who he was. But this stranger amazed them with his knowledge of scripture, and his ability to interpret for them the words of the Law and the prophets. They asked him to stay with them to eat dinner. It was then, at the breaking of the bread, that the disciples recognized the stranger as their resurrected Christ. Overjoyed, they ran all the way from Emmaus back to Jerusalem to tell the others who were still huddled away in the upper room in fear.

Walking on the road, or the Way, is a powerful image for us in our Christian journey. It is our Way of listening to and sharing our resurrection stories. Whether we are running, walking along briskly, strolling calmly, or stumbling as we stub our

toes on rocks, we hear the words of Christ as he walks with us today, perhaps unrecognized. Those disciples in Emmaus said to one another, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" (24:32)

Can our hearts burn 2000 years later? They will, if we walk together. Each and every one of us has been called upon to help another on this path, and to lend a hand when one of us trips and falls. We are together on the journey, and Christ is with us. My prayer for us all is that we will recognize our Savior here at Trinity Church in the breaking of the bread. I pray that the joy of that recognition will send us running to share the Good News with those who are still huddled in fear.

Thank you for allowing me to walk arm-in-arm with you in the days and years to come.

*Pastor Heidi*

### THANKS, ECW!!



Thanks to the ECW, we now have new, lighter weight tables to use for our dinners, picnics, and various other occasions.

The old ones were heavy and awkward to move, so those of us accustomed to muscling them around are particularly grateful for this contribution!

### ALTAR FLOWERS



As we enter that time of the year when altar flowers are no longer available from our gardens, the flower committee will need to purchase them from local florists.

Estimates from the flower committee are that we spend around \$3,000 a year for flowers, including those for the great feasts of the Incarnation and the Resurrection.

Parishioners wishing to remember loved ones or to celebrate events such as baptisms are invited to give the relevant information to Pastor Heidi and to Judy Brown, chair of the flower committee. A donation of \$50.00 is recommended to cover the cost of the flowers. Checks should be made out to Trinity church with *altar flowers* on the memo line, to ensure that the donation is credited to the flower committee and not to the general fund. For further information, please speak to Judy Brown at 860-824-0640.

### THANKSGIVING SERVICE AT TRINITY



Trinity will host the annual interfaith Thanksgiving service on Wednesday, Nov. 25th at 7 pm. Clergy from the Lakeville/Salisbury area will lead the worship and the Trinity choir will sing. The offering will be donated to the OWL's Kitchen. Please plan to join us for this unique ecumenical evening.

### THOUGHTS FROM THE TRACTOR



Every so often the media takes up the issue of hunger. Proclamations are made, fundraisers held, concerts televised, food experts interviewed and opinions aired on the world's inability to provide sufficient food to feed the planet. Simultaneously, we read about the increase in diabetes and other diseases often related to obesity, the fact that a significant portion of the American population, both young and old, is overweight, and the plowing under of white sweet potatoes because no one wants to eat white sweet potato pie or white sweet potato fries. We also read about the dairy farmers' dilemma of producing so much milk that their income from it is exceeded by the cost of producing it.

Our response to the world hunger "alarm" is to raise the money, distribute the food, pat

ourselves on our collective back and then return to business as usual until the next round of starvation news hits the headlines. In truth, there is enough food to feed the planet. Distribution is the problem, but that is a focus for another time.

Of all the sensations of which we are aware, hunger is perhaps the most driving one. If the lights are too bright or the sound is too loud, I can usually remove myself from their distracting or even painful intensity. If I am too hot, I move someplace cooler or remove my sweater; if I am too cold, I move someplace warmer or put on my sweater. If something is really stinky, I hold my nose.

If I am hungry....well, the truth is that I have never *really* been hungry in the sense of not knowing if or when I might eat again. I have never been so hungry that I have become skeletal and unable to walk or even feed myself. I have never been so hungry that I have investigated other people's trash hoping for a morsel of something vaguely edible or just a little bit spoiled. I may be hungry because I skipped lunch, or I may be hungry because I have just expended a lot of calories, but I know where to find food, and enough of it. I have never experienced the desperate hunger that drives people to do things they would never dream of doing or to feats of strength or bravery they would never expect of themselves in ordinary circumstances. We have read of these incidents many times and in many circumstances.

Hunger is not a problem unique to the "developing world". There are many, including in our own community, whose access to food is limited or whose resources do not allow them to buy kinds of nutrient dense foods they need. And that is where we well nourished parishioners at Trinity come in. This month, for the twelfth consecutive year, we will engage in our "Feed a Family of Four for a Day" program to benefit the OWLs Kitchen.

On Nov. 8 the outreach committee will make available grocery bags with a menu of non perishable, low salt, low fat, low sugar foods stapled to them. We ask that parishioners fill the bags with as much of those or similar foods as they can and return them to Trinity on Nov. 15. The donations will be blessed and then transported to the OWLs Kitchen in time for distribution before Thanksgiving. For those of us with children, this is a "teachable moment" on the right use of God's blessings to us for the benefit of our brothers and sisters in Christ. If you are unable to go to the grocery store, checks made out to "Owls Kitchen" and placed in the alms basin on Nov. 15 will provide funding for the purchase of fresh foods for their shelves.

As we undertake this important outreach effort, we might keep in mind the old Scottish grace penned by Robert Burns:

Some ha'e meat and can-na eat,  
And some ha'e none that want it;  
But we ha'e meat and we can eat,  
And so the Lord be thank-et.

Alexis Dorf

## HOLIDAY BAZAAR DEC. 5



pers.

Trinity's annual Holiday Bazaar will be held Saturday, Dec 5 from 10-2, with cider and Chef John Lloyd's famous fresh doughnuts as well as a soup and french bread lunch available to fuel hungry shoppers.

We are in need of interesting containers such as decorative boxes, vases and baskets that may be filled with small items. Parishioners are also invited to create such gifts themselves and bring them to Trinity

*Trinity Church: Offering Companionship along The Way*

to sell at the bazaar. Food and small toy items are particularly popular.

As always, we will offer a boutique of nicer costume jewelry and bric a brac for sale. Have you recently received a gift of which you already have two? How about "regifting" it to the Bazaar?

Do the holiday decorations at your house need a face lift? The bazaar will be the place to spruce up the old homestead!

Those "\$1.00 a bag" goodies that Linda Lloyd sells under the tent at the May tag sale? Please keep them for Linda in May! As always, we will offer holiday wreaths for sale, and expect to have a number of vendors with interesting gifts as well.

Questions? Ginny Dildine has the answers at 860-824-7455.

The bake sale portion of the Bazaar is always a popular table—pies, cakes, cookies, candy and other confections are welcome. Please let Alice Tweed (860-435-6058) know what you will bring.

Back by popular demand will be the Java Joe coffee samplers that we offered last year. They make great stocking stuffers! And don't forget to buy some for yourself!

## BOOK GROUP AT NOBLE HORIZONS



All are welcome to read and join the discussion of *The First Christmas* by Marcus Borg and John Dominic Crossan at Noble Horizons on Dec. 3. The group, sponsored by Trinity, St. Mary's and St. John's churches, will meet in the Cobble living room from 6:30 –8:00 pm.

The birth of Jesus calls us to personal and political transformation, not just to overspending and overeating. The Gospel stories envision a new way of seeing and living in our world, as relevant to us today as they were at the time of the Roman Empire.

For further information, speak to Alexis Dorf (860-364-0816).

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