



# TRINITY TIMES

JULY/AUGUST 2018

TRINITY EPISCOPAL CHURCH

Trinity Episcopal Church  
484 Lime Rock Rd.  
Lakeville, CT 06039  
Telephone: 860.435.2627  
www.trinitylimerock.org  
trinity@trinitylimerock.org  
Office Hours:  
Wed.– Sat.  
9 am –noon

The Reverend Heidi Truax  
*Rector*

The Rev. John F. Carter  
*Missioner*

Carol M. Taylor  
*Senior Warden*

Pari Forood  
*Junior Warden*

Allen Berrien  
*Clerk*

Bev Becker  
*Treasurer*

Martha Nesbitt  
*Assistant Treasurer*

Christine Gevert  
*Organist/Choir Director*

Terri Brennan  
*Youth Ministry*

Geoff Brown  
*Verger*

Melissa Adam, *Bookkeeper*  
Jeff Silvernale, *Grounds*  
Esperanza Nuñez, *Sexton*  
Alexis Dorf, *Trinity Times*

## FROM THE RECTOR'S DESK:

When your vestry met this Spring at Trinity Retreat Center in Cornwall, we spent quite a bit of time talking about what was most important to us as a parish.



Our Junior Warden, Pari Forood led us in this and recorded what we all felt. We asked “what is our mission?” We pondered this question so that when we make decisions in vestry meetings we can keep in mind what we have deemed to be the most important things to us. We wished to flesh out our mission statement; *Offering Companionship Along the Way*.

Here are the elements that the vestry identified as most important to our parishioners and our identity as Trinity Episcopal Church, Lime Rock (in order of our thought process, not in order of importance):

- 1.) *Helping Individuals* – We offer companionship, spiritual support, and food and aid for each other, and for those in need.
- 2.) *Being Family* – We help each other remember that we are not alone, and that we find strength, hope and love through our fellowship with each other.
- 3.) *Our Liturgy and Ritual* – The weekly experience of Word and Sacrament keeps us connected with Christ and gives us spiritual comfort.
- 4.) *Tolerance of Many Differences* – We come from many backgrounds and points of view, and we accept

one another, and invite others to know that they are accepted by God and the Church.

5.) *Support of Church Mission* – We recognize that we are not a church unto ourselves but are connected to the wider Episcopal Church and the mission of our ECCT (Episcopal Church in Connecticut), and of the TEC (The Episcopal Church).

6.) *Educational and Spiritual Growth* – We provide opportunities for learning to every parishioner through Bible Study, and our Book Study groups, as well as Christian education for young people.

7.) *We have a long history and tradition* – We are rooted in the very fabric of our community, and the history of the Christian faith. We share traditions that are 8 years old (Christmas Tree Lighting), 40 years old (Trinity Art Shows), 145 years old (our beautiful building), over 200 years old (our American Book of Common Prayer), and over 2000 years old (the Incarnation of our Lord.)

8.) *We are Responsible* – Our Church, and our parish family needs us to step up and be responsible for what we have been given in faith. We are also responsible to persons in our communities, to newcomers of every race and culture, and ultimately, we are responsible to our Lord Jesus Christ.

*“Truly I tell you, what you do to the least of these my servants you do to me.”*

Matthew 25:40

Faithfully,

*Pastor Heidi Truax*

## PASTOR HEIDI'S SUMMER PLANS



As she has in the past couple of years, Pastor Heidi will serve as Chaplain at Camp Washington the week of July 14-21.

She will be on vacation August 2-22. In case of pastoral emergency, please contact Senior Warden Carol Taylor, who will put you in touch with a priest.

## \$UMMERTIME... AND THE LIVIN' IS EA\$Y

...but not if you are our bookkeeper paying Trinity's bills! Please be sure to keep up with your pledge or regular donation during the summer months when our checking account balance can dip. You'll make Treasurer Bev Becker and bookkeeper Melissa Adam two happy campers!



## SUMMER YOUTH PROGRAM

At the June Vestry meeting, it was decided that Youth Sundays will follow the academic calendar. Instead of participating in Youth Sunday on the third Sunday of the month, young people will be out in the courtyard as they are on other Sundays and will join the rest of the congregation at the Peace, just as they do during the school year.

However, it won't all be just fun and games! Our young people are planning the annual backpack project to benefit Pilgrim House clients as well as some

students who attend our “last Saturday of the month Misa”.

Watch your weekly Trinity Update and the bulletin for more news on this important effort!

### **GOOD NEWS FOR LOVERS OF MORNING PRAYER!**

On Sunday, July 15 we will have Morning Prayer at both services. Janet Walker will lead worship at 8:00. Danielle A. Gaherty will be the worship leader at 10:30, and Roy Bickley will be our homilist.

On August 12 we will again offer Morning Prayer, leaders and homilists yet to be determined.

### **THANK YOU, MARILYN!**

Parishioner The Rev. Marilyn Robinson has kindly offered to preach and preside at Holy Eucharist on August 5 and 19.

Marilyn has been “discovered” as a supply priest by other congregations in the Northwest Corner, so we are lucky she was able to fit us in her very busy summer schedule!

### **HUNGRY NEIGHBORS!**



With farmers’ markets at almost every corner and a bountiful supply of fruits and vegetables at our local grocery stores, it is easy to forget that like us, neighbors eat year round!

The Corner Food Pantry reminds us that

with school out of session, children are eating at home and not participating in school feeding programs.



Especially wanted are condiments such as mustard, ketchup, relish, pickles, mayo and other picnic and BBQ “must haves”. Also requested are cake, brownie and cookie mixes.

When you do your shopping, take advantage of those “buy one, get one free / half price” and leave it in the food basket by the baptismal font.

Also very popular are the toiletries found in the bathrooms of hotels and motels. Shampoo, conditioner, body and hand lotions just fly off the shelves at the CFP, as do toothbrushes and toothpaste (have you priced toothpaste recently? Yikes!) If you are traveling this summer and can do so, please bring home those toiletry extras you don’t use!

For the first four months of 2018, CFP provided 30, 583 meals in about 10,759 pounds of food distributed. That’s a lot of food!

### **SPEAKING OF FOOD...AND AT TRINITY WE ARE ALWAYS SPEAKING OF FOOD!**



This year’s Ice Cream Sundae Sunday will be held after the 10:30 service on August 26, the day before school begins. We’ll try to sweeten up returning to the classroom for students and teachers...parents are invited to enjoy as well.



## SEE YOU IN SEPTEMBER BBQ

Al Dorf will be grilling the steaks—with a little help from associate chefs—on

Saturday, September 1 at 6:00 PM.

If you've been to a Labor Day BBQ at Trinity, you know the drill. If you haven't, this is how it goes: Al does the steaks, parishioners bring the side dishes—appetizers, bread, rolls, salads, drinks, desserts...and whatever else sounds like a good idea to you!

Friends, relatives, neighbors, visiting firemen are all invited to supper in the courtyard, or in Walker Hall if the weather is inclement. It's a wonderful catch-up time before the program year begins again!

The dinner committee (Al and Alexis) will be asking for your help in clean up afterwards, so we are back to a tidy place for worship on Sunday!

We'll be looking at alternative creeds and affirmations for a couple of months. Not everyone uses the Nicene!

### A MODERN AFFIRMATION

The Methodist Church

*We believe in God the Father, infinite in wisdom, power and love, whose mercy is over all his works, and whose will is ever directed to his children's good.*

*We believe in Jesus Christ, Son of God and Son of man, the gift of the Father's unfailing grace, the ground of our hope, and the promise of our deliverance from sin and death.*

*We believe in the Holy Spirit as the divine presence in our lives, whereby we are kept in perpetual remembrance of the truth of Christ, and find strength and help in time of need.*

*We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth. Amen.*

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