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Trinity Episcopal Church 484 Lime Rock Rd. Lakeville, CT 06039 Telephone: 860.435.2627 www.trinitylimerock.org trinity@trinitylimerock.org Office Hours: Wed.– Sat. 9 am –noon

The Reverend Heidi Truax *Rector*

The Rev. John F. Carter *Missioner*

> Carol M. Taylor Senior Warden

Allen Berrien Junior Warden

> Bev Becker Clerk

Al Dorf Treasurer

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FROM THE RECTOR'S DESK:

Lent is upon us! Can Easter be far behind?



Every year at about this time I write to

you about the upcoming season of Lent. In this, my tenth Lenten Trinity Times article, I think it's kind of lovely that the fellows from Forward Movement have introduced their tenth Lent Madness line-up of 32 saints for us to learn about and vote on during Lent this year. Which of the 32 saints will earn the "Golden Halo?"

Perhaps you might choose this year to have Lenten Madness be your practice for this penitential and preparatory season. The brackets include Biblical, Monastic, Modern and Miscellaneous saints. Wouldn't you like to be a miscellaneous saint?

Some of the 32 saints are well known and some are completely unknown to me. They include the likes of Mary of Bethany, Martha of Bethany, Phillips Brooks, Margurite d'Youville, John Chrysostom, Hrosvitha, and

Pandita Ramabai.



Hrotsvitha was a tenth century German canoness. She did remarkable things for a woman in her time.

John Chrysostom was a Father of the Christian Church who is most famous

to Episcopalians for writing a prayer said in Morning Prayer (the one that reminds us that when two or three

are gathered in God's name that God will be in the midst of the gathering.)

Pandita Ramabai lived in the late 1800s in India and was known as a social reformer, a pioneer in the education and emancipation of women. Pandita is her title; she was a Brahmin Scholar.

As I said in a recent sermon featuring Mother Teresa, saints show us various aspects of a Christ-like life and remind us that we too are counted as the saints of God. and Christ-bearers to those around us.

God bless you.

Bastor Heidi Truex

GETTING READY FOR LENT



If Ash Wednesday is coming up on March 6, then Sunday, March 3 must be...CHOCOLATE SUNDAY!

Please bring your best chocolate creation-fudge, brownies, cookies, candy, cake... for the hospitality table and \$5.00 to buy a plate of all the chocolate you can manage!

Each year the proceeds from chocolate Sunday go to the Altar Guild. This year we will be funding the purchase of a new Fair Linen for the altar.

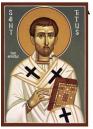
ASH WEDNESDAY



Services on Ash Wednesday, March 3, will be at 12:30 and 6:00 PM. The Remember man earlier service will be a simple Eucharist and imposidust you shall tion of ashes, while the later one will be a bilingual service with music.

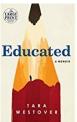
Pastor Heidi will also preside at an Ash Wednesday service at Noble Horizons at 11:00 AM that morning.

ADULT CHRISTIAN FORMATION



The Sunday morning **Bible Study** is currently discussing the third of the pastoral Epistles, the Letter to Titus. All are welcome to join for a particular study or as a regular Sunday morning participant.

The monthly **Book Group** will meet on Tuesday, March 26 at 7:00 PM to consid-



er Tara Westover's *Educated*. How does a girl from a fundamentalist, survivalist, home schooled (with a Bible and old Atlas) work her way through college, earn a Ph.D. from Cambridge University (a long,

long way from Idaho!) and end up teaching at Harvard?

Growing up in an abusive family, Tara Westover made her way out to the wider world and learned about a way of living totally contrary to the one in which she had been raised.

Living as we do in Connecticut, most of us cannot even *imagine* the resilience and determination (not to mention the importance of those who mentored her)



TRINITY CHURCH OFFERS COMPANIONSHIP ALONG THE WAY Pg. 3

required to do what Tara Westover did. Read the book and join us on **March 26**!

THOUGHTS FROM THE TRACTOR

As a child, I always dreaded the approach of Lent. An extra church service each week (no joy there!) giving up something (not school, sadly), dreary



hymns and Sunday School lessons focused on us as miserable sinners. I still remember the year my mother gave up her pre-

dinner Crown Royal; I don't know if that sacrifice did anything for her, but you never saw three kids so happy to see Easter as I and my siblings were that year. The Resurrection improved Mom's mood enormously.

Now, of course, we are encouraged to take on a spiritual practice or perhaps scale up on one we already have. Spiritual practices need not be limited to prayer or reading Scripture or other religious texts. They can be practical as well. One that we might consider is starting –or increasing – our donations to the Corner Food Pantry – the basket is next to the Baptismal Font. Both the Hebrew Scriptures and the New Testament are very clear about our special obligations to the vulnerable and needy. In Scripture, those folks were often widows, orphans or "the alien within your gates". Today they can be anyone...even us.

Another practice might be a donation to Vecinos Seguros, the organization focused on aid to members of the Latino community who are in need. Recently there was a call for someone to help a young Latino practice his driving. Might that person have been you? In December Trinity participated in resettling a family that had been burned out of their home in Amenia – that help was also a spiritual practice.

Have some time to donate to our Latino neighbors? Padre Juan Carter is the one to contact at <u>vecinosse-</u> <u>guros44@gmail.com</u>. The person you help will not be the only one blessed by your time and support.

What will be your spiritual practice be in Lent 2019?

-Alexis Dorf

UNSHACKLING DREAMS OF America

Supporting Asylum Seekers and Other Immigrants

Trinity will host this seminar presented by Vescinos Seguros and the United Nations Association of Connecticut on **Saturday, April 6 1-4 PM**.

Topics will include immigration law, news from the CT-NY border, developing immigration and refugee support teams and accompanying immigrants to ICE appointments, court hearings and ankle bracelet checking ins.

The training is free, but reservations are necessary. You may text 860-318-6083 or email <u>vecinosseguros44@gmail.com</u> to sign up.

Loving one another as Christ loves us is a hallmark of being a Follower of the Way. Welcoming immigrants and refugees is yet another response to Jesus's command to "follow me". Former parishioner Laura Keswani, age 48, entered Eternal Life on Feb. 6 in New York City. Laura and Raj's children, Alex and Sophie, were baptized at Trinity Church.

May her soul and those of all the faithful departed, through the mercy of God, rest in peace.

SPRING TRAINING!

Each year, as we emerge from our winter hibernation, the ECCT sponsors a spring training program for both lay and clergy. This year's program has expanded yet again to include just about every subject matter a parish might address, from sharing our "house" with community groups, to pastoral care, to money matters, to Christian formation for both adults and children, to racial healing, justice and reconciliation, to spiritual practices to social advocacy.

No matter your interest, there will be a workshop—or 2 or 3—that will appeal. Early registration (by March 31) gets you a discount! The training is free, but registration fees help defray the costs of morning and afternoon snacks and lunch.

Several Trinity parishioners will be attending—see Carol Taylor about carpooling.



STAINED GLASS RESTORATION

Pledges towards the very much needed stained glass restoration project have started to come in! Please add yours to the list so that we may begin the work this spring. Lost your pledge card? Susanna has more!

FROM THE TREASURER

Thanks to the anonymous donor who recently gave Union Pacific shares to Trinity! PLEASE IDENTIFY YOURSELF TO EITHER AL DORF OR MELISSA, OUR BOOKKEEPER, so that we may credit your account appropriately.



The bank will not tell us who stock donors are, so if you donate stock to Trinity, please let the finance department know!

Abba Poemen said that Abba John said that The saints are like a group of trees, each bearing different fruit but watered from the same source. The practices of one saint differs from those of another, but it is the same Spirit that works in all of them.

> John the Dwarf 43 Sayings of the Desert Fathers

Here at Trinity Church we are continuing our conversation about racism, white privilege, racial healing and justice this year. It is part of our Episcopal Church's promise to each other to do our part to dismantle racism in our time. This post is contributed by Suzy Burke, co-leader of ECCT's Racial Healing, Justice, and Reconciliation Ministry Network, as part of their ongoing communication. It was originally written for the Southeast Region newsletter.

Owning My White Privilege by Suzy Burke

I am Debby Irving. No, I'm not changing my name, but when I read Debby Irving's book, Waking Up White: Finding Myself in the Story of Race, I realized she was telling my story. Like Debby Irving, I grew up in New England in two all-white towns, and I never had a classmate of color until I began my graduate work at Columbia University, and even then it was rare. My parents had grown up during the Depression, so although my dad was a successful NYC executive, I was raised to be frugal and hard-working. I was also told that I could be anything I wanted to be when I grew up so long as I was willing to put my nose to the grindstone. I imagined that my success was due to the fact that I had loving parents who could afford to give me a good education, and I had internalized the value of hard work.

I always thought of my life as morally neutral, "average" in fact. I only saw racism in individual acts of cruelty or injustice, not in invisible social systems that I took for granted. Through the work ECCT is doing to address racial healing, justice and reconciliation, I have come to realize I am undoubtedly the beneficiary of white privilege, an invisible package of unearned assets that I can count on cashing in each day, as Peggy McIntosh so aptly describes it in her seminal article: "White Privilege: Unpacking the Invisible Knapsack." She offers many examples of the privilege that most white people, including me, are oblivious to. Here are a few:

We can go shopping, pretty well assured that we won't be followed or harassed.

Our children's school books testify to the existence of their race.

We can excel in challenging situations without being called a credit to our race, a "compliment" my brilliant black colleague received recently.

Sadly, the list goes on. Most of my friends of color don't have these luxuries and I can only imagine how exhausting that must be, day after day, week after week, year after year. As a member of the dominant culture, it's pretty easy for me to feel confident and comfortable, knowing that I belong. I am now face to face with my complicity in perpetuating a system that makes my friends of color, about whom I care deeply, struggle to feel the same level of confidence and sense of belonging.

A priest of color who I hold in the highest regard recently shared one of her dreams

for the future in ECCT: That she will be able to apply for any open position in the diocese and her fitness to serve will be based on her gifts as a priest rather than her skin color. I am committed to doing what I can to hurry that day.

All of Scripture is about change- chaos to order, bondage to liberation, abandonment to hope and return.

All the miracle stories are about change—water to wine, stone to bread, sick to healed, sinning to forgiven.

If this is the "Reign or God or Kingdom of Heaven", am I the kind of person God can use to implement this change?

> John Bennison, Center for Progressive Christianity

