



TRINITY TIMES

MAY 2019

TRINITY EPISCOPAL CHURCH

Trinity Episcopal Church
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Office Hours:
Wed.– Sat.
9 am –noon

The Reverend Heidi Truax
Rector

The Rev. John F. Carter
Missioner

Carol M. Taylor
Senior Warden

Allen Berrien
Junior Warden

Bev Becker
Clerk

Al Dorf
Treasurer

Martha Nesbitt
Assistant Treasurer

Christine Gevert
Organist/Choir Director

Geoff Brown
Verger

Melissa Adam, *Bookkeeper*
Jeff Silvernale, *Grounds*
Esperanza Nuñez, *Sexton*
Alexis Dorf, *Trinity Times*

FROM THE RECTOR'S DESK:

April showers bring May flowers? Let's hope that the flowers don't get drowned in the process!

Lent is behind us now and the joyous Easter season



is here. We can finally start to put away our winter clothing, but I guess it isn't quite time to put away all the jackets, hats and gloves. I was wearing all of these last Sunday morning when I walked my dog before church!

We also put away our Lenten disciplines. I can eat chocolate again (and so I'm eating too much of it) and I can put down the books I was reading to enrich my spiritual life during the Lenten season. But there is one habit that I've been trying to continue to cultivate and bring new life to; my prayer time in the morning when I first get up.

I find it very easy to be side tracked. The excuses are never-ending:

There's no time today

I'm tired of the current reflection book I'm reading

I'm hungry

Keen needs to go out NOW

I haven't looked at my email for 12 hours

I haven't responded to emails in 12 hours

(Whatever else I can think of that must be more important than prayer)

Clearly, I'm never going to maintain a good prayer life with all these obstacles I put in my own way.

And I bet I'm not alone in this. The current reflection book I'm reading is *Courage to Change; One day at a time in Al-Anon*. What this wise little book is encouraging me to do is not focus on what I should do in the future, or what I should not have done in the past, but to look to TODAY with all its hope and promise and joy.

"I will stop for a few minutes and just think of this one day and what I can do with it."

God continues to seek to be in relationship with us. God continues to have something to impart to us, through words or actions or the sights and sounds of the day.

A new *Day by Day* reflection book is available at church. It is for May, June and July. I encourage you, and me, to continue to pray each day... and if necessary use words!

Faithfully,

Pastor Heidi Truax

A BIG THANK YOU!!!

To all who made our Holy Week and Easter services so glorious!

Christine, the Choir and guest singers and musicians

The Flower Committee for all the Easter



lilies and tête à tête daffodils that were so welcome after a "flowerless" Lent

The Altar Guild, for shining brass and silver on the altar

The ushers, readers, crucifers and hospitality teams that worked overtime!

Our Verger, Geoff, who managed to assemble sufficient bodies to cover all the roles involved

And of course, Pastor Heidi, who oversaw all our efforts with her usual grace and good humor!

AND MORE THANK YOU'S !

...to Theresa Kenny, who has volunteered to head up the Flower Committee as we go into late spring and summer!

...to the volunteers who stayed after church to clean up and clean out our Sunday School room, which is now sparkling for our children and their teachers!

...and of course Gordon and the guys from Trinity Glen who spent considerable time cleaning up the winter debris to make "our house" welcoming and attractive outside while others prepared our interior!



STAINED GLASS

Chair Susanna Schindler is delighted to announce that we have scheduled a date to begin the restoration of the window above the altar (Phase 1). Work is expected to commence in September and weather permitting, be complete by Christmas.

We still need donations to act as a cushion for possible further work on the window. Sometimes there is damage that is not apparent from initial visual inspection.

Checks are welcome (with stained glass rescue on the memo line), pledge cards are available, and we can donate through the website as well.

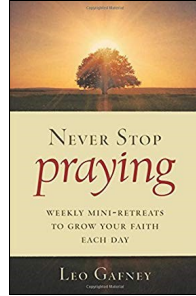


NYCC VISIT



If it's May, it must be time for the annual New York Cycle Club visit! Their Berkshire Ride will be **Saturday, May 25**, and we'll be expecting them to stop by for lunch, water, restroom and phone re-charging starting at about 11:00 AM.

Your help is needed! There is a sign up sheet on the bulletin board in the Guild Room; we need sandwiches, fruit, sweets, Gatorade and water. Kitchen help and cashiers too!



TRINITY WELCOMES LEO GAFNEY

We are delighted to have Leo Gafney as our guest preacher on **Sunday, May 26** at the 10:30 service.

If the name sounds familiar, Leo was one of the organizers that helped coordinated the settling of the Al Ghanem family from Syria a few summers ago.

Leo is a former Jesuit priest and the author of several books, including *Never Stop Praying* (Pastor Heidi has some sale copies). We look forward to his visit and his sermon!

SPRING ART SHOW

The Spring Art Show is almost here! The Opening, Artists' Reception and awarding of prizes is **Friday, May 17 from 5-7 PM**.

The show will run that weekend, May 18 and 19, and be open May 25-27 (Memorial Day weekend) and the weekend of June 1 and 2.

Be sure to stop in and see what our regional artists have been creating over the winter!





CRESCENDO SPRING CONCERT



"The Mystical 16" -- Renaissance, Baroque and Contemporary settings of Psalm 116, with the Crescendo Chorus and Orchestra.

St. James Place in Great Barrington, May 17 at 6 PM

Trinity Church, May 18 at 6 PM

Tickets are available at www.worldclassmusic.org.



IT'S ALMOST PICNIC TIME

(If it ever stops raining!)

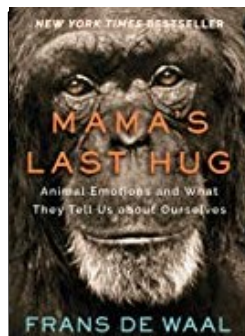


The Corner Food Pantry items for May are condiments and juices. What goes into a picnic or BBQ? Ketchup, mustard,

BBQ sauce, pickles, mayo, hot sauce, relish...you know the ingredients!

Juices too! Apple and grape are particular welcome. Please be sure that you choose *real juice* and not "juice drinks" or "juice style" drinks, which can have an overload of sweeteners.

Help our neighbors celebrate the coming of summer by donating to the food basket by the baptismal font! Summer is for everyone!



BOOK GROUP

Mama's Last Hug: Animal Emotions and What They Tell Us about Ourselves by Frans de Waal is the book group choice for May.

Did you know that humans don't have a single organ that other animals don't have? This seems to be true of emotions as well, notes primatologist de Waal, who has studied the continuity of our species with others for four decades.

Please join us on **Tuesday, May 28 at 7 PM** for discussion of this intriguing and moving book.

MEN'S GROUP DINNER



"Chairman Keith" has announced that the next dinner meeting will be at the new restaurant in Salisbury—*Neo*—on **Thursday, May 9 at 7 PM**.

The Men's Group, is of course, not limited to men; a number of ladies join them to try to elevate (usually unsuccessfully) the level of discourse during the meal....

Please contact Keith and let him know you'll be joining the group that evening!