

## The Book of Exodus

17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

### Psalm 95: 1-7

*Gregorian Chant, Mode I.7*

1 Come, let us sing to the LORD; \*  
let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.

3 For the LORD is a great God, \*  
and a great King above all gods.

4 In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

5 The sea is his, for he made it, \*  
and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, \*  
and kneel before the LORD our Maker.

7 For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!

### The Letter of Paul to the Romans

5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person--though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

### Gradual Hymn 145

*Quittez Pasteurs*

*Pastor* The Holy Gospel according to John **4: 5-42**  
*People* **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is

coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*Pastor* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

**The Homily for Children and Adults**

Pastor Heidi Truax

**A Time of Silent Reflection**

**The Creed**

**pg. 327**

**The Prayers of the People**

**pg. 328**

**The Confession**

**pg. 330**

**The Peace**

*Pastor* The peace of the Lord be always with you.

*People* **And with thy Spirit.**

**Announcements**

**Thank offering prayer**

**This is another day, O Lord. I know not what it will bring forth, but make me ready Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen.**

Book of Common Prayer

**The Holy Communion**

**Offertory Hymn 697** *Song 67*

**Doxology Hymn 380 vs. 3** *Old 100<sup>th</sup>*

**The Great Thanksgiving Eucharistic Prayer II** **pg. 340**

**Holy, holy, holy: Hymnal S 125** From *A Community Mass*; Richard Proulx (b. 1937)

**The Lord's Prayer** **pg. 364**

**Fraction Anthem: Hymnal S 170** Mode 1 melody; adapt. Mason Martens (1933-1991)

**Communion Hymn 309** *O Welt, ich muss dich lassen*

**Communion Hymn 306** *Sursum Corda*

**Postcommunion Prayer** **pg. 339**

**The Blessing**

**Recessional Hymn 368** *Regent Square*

**Postlude** Gevert

**The Trinity Vestry**

Linda Lloyd, Senior Warden  
Allen Berrien, Junior Warden John Oler, Treasurer  
Beverly Becker, Clerk  
Barry Anderson, Michael Cuoco, M. E. Freeman,  
Scott Frost, Danielle A. Gaherty, Martha Nesbitt

**Serving Today**

*Rector:* The Rev. Heidi Truax  
*Music Director:* Christine Gevert  
*Ministers of Communion:* Mike Cuoco, Jason Gladding  
*Usher:* Robert Stribling  
*Lector:* Scott Frost  
*Epistler:* Jason Gladding  
*Intercessor:* Pari Forood  
*Counters:* Carol Taylor, Jason Gladding  
*Hospitality:* Team 2– Brown  
*Altar Guild:* Mike Cuoco  
*Verger:* Geoff Brown

**Announcements**

*Today* Noon Vestry Meeting  
*Wed., Mar. 18* Noon—Lunch at FV Congregational Church  
*Sat., Mar. 21* 7:00 PM Misa en Español  
*Tues. Mar. 24* Noon—Good Books at St. John's Salisbury  
*The Life of Pi*  
*Sundays* 9:00 AM Bible Study: Paul's Letter to the Romans  
9:15 AM Choir Rehearsal  
*Mondays* 7:00 PM Crescendo Rehearsal  
*Wednesdays* 7:30 PM AA meeting in Walker Hall  
**Remaining Lenten Lunches**  
Noon—Lunch at Canaan Methodist Church  
Noon—Lunch at Canaan Congregational Church  
**Holy Week Schedule**  
*Sunday, April 5* 8 & 10:30 AM Palm Sunday  
*Thursday, Apr. 9* Maundy Thursday evening service at **Salisbury Congregational** with music  
*Friday, April 10* 12:00 to 12:45 PM Good Friday—Trinity leads worship and music at **Christ Church Sharon**. Other leaders will take the 1:00 and 2:00 pm times  
*Sat., April 11* 7:00 PM Easter Vigil at Trinity with Baptism  
*Sunday, April 12* 8:00 & 10:30 AM Festive Easter Celebration  
12:30 PM Misa de Pascua

**TRINITY EPISCOPAL CHURCH**

*OFFERING COMPANIONSHIP ALONG THE WAY.*  
484 LIME ROCK RD LAKEVILLE, CT 06039  
WWW.TRINITYLIMEROCK.ORG 860-435-2627  
OFFICE HOURS: WED.—SAT. 9 AM—NOON

**TRINITY EPISCOPAL CHURCH**

LIME ROCK, CONNECTICUT  
*OFFERING COMPANIONSHIP ALONG THE WAY*

**THE THIRD SUNDAY IN LENT**  
**HOLY EUCHARIST RITE I**

*Youth Sunday*

**MARCH 15, 2020**



Photo by Jeff Davis

**The Word of God**

**Prelude** Gevert

**Processional Hymn 429** *Old 113<sup>th</sup>*

*Pastor* Bless the Lord who forgiveth all our sins.  
*People* **His mercy endureth forever.**

**The Decalogue** **pg. 317**

**The Kyrie: Hymnal S 96** From Deutsche Messe;  
Franz Peter Schubert (1797-1828) arr. Richard Proulx (b. 1937)

*Pastor* The Lord be with you.  
*People* **And with thy Spirit.**  
*Pastor* Let us pray together our collect.

**Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.**