

# **TRINITY EPISCOPAL CHURCH**

Lime Rock, Connecticut

*Offering Companionship Along The Way*

## **The Twelfth Sunday after Pentecost**

### **August 23, 2020**



Drawing courtesy of EcoPreacher - blogger

## Welcome to Trinity Episcopal Church in Lime Rock, CT.

**Prelude** “Tu es Petrus” à 5 by Cristóbal de Morales (1500-1553)  
Sung by Crescendo Vocal Ensemble (May 2017, recorded live)

Tu es Petrus  
et super hanc petram ædificabo ecclesiam meam  
et portæ inferi non prævalebunt adversus eam.  
Et tibi dabo claves regni cælorum.

You are Peter,  
and upon this rock I will build my church:  
and the gates of hell shall not overcome it.  
And I will give you the keys of the kingdom of heaven.

Matt. 16:18-19

**Opening Hymn** “The King of Love”

*Dominus regit*

*Pastor* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God’s kingdom, now and forever. Amen.**

**The Kyrie**

*Pastor* Lord, have mercy.

*People* **Christ, have mercy.**

*Pastor* Lord, have mercy.

**Collect of the Day**

*Pastor* The Lord be with you.

*People* **And also with you.**

*Pastor* Let us pray together our collect.

**Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

**The Book of Exodus**

**1:8-2:10**

Now a new king arose over Egypt, who did not know Joseph. He said to his people, “Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land.” Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the

Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water

*Reader*        The Word of the Lord.  
*People*        **Thanks be to God.**

## **Psalm 124**

- 1 If the LORD had not been on our side, \*  
let Israel now say;
- 2 If the LORD had not been on our side, \*  
when enemies rose up against us;
- 3 Then would they have swallowed us up alive \*  
in their fierce anger toward us;
- 4 Then would the waters have overwhelmed us \*  
and the torrent gone over us;
- 5 Then would the raging waters \*  
have gone right over us.
- 6 Blessed be the LORD! \*  
he has not given us over to be a prey for their teeth.

7 We have escaped like a bird from the snare of the fowler; \*  
the snare is broken, and we have escaped.

8 Our help is in the Name of the LORD, \*  
the maker of heaven and earth.

### **Paul's Letter to the Romans**

**12:1-8**

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God-- what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**Gradual Hymn** "My song is love unknown" (vs. 1, 2, 6, 7)

*Love unknown*

*Pastor* The Holy Gospel of our Lord Jesus Christ according to Matthew

**16:13-20**

*People* **Glory to you, Lord Christ.**

When Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

*Pastor* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

**The Sermon**

**The Rev. Emily Blair Stribling**

**A moment of Silence**

## **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **The Prayers of the People**

I ask your prayers for God's people throughout the world; for our Presiding Bishop Michael, our Diocesan Bishops Ian, and Laura; for this gathering and for all ministers and people. Pray for the Church.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. (*We read from the book and leave time for names to be added*). Pray for those in any need or trouble.

I ask your prayers for all who seek God, or a deeper knowledge of the Holy. Pray that they may find and be found by God.

I ask your prayers for the departed especially George Tuttle, in whose loving memory the altar flowers have been given (*we read from the book and leave time for names to be added.*) Pray for those who have died.

On our parish cycle of prayer, I ask your prayers for Martha and Michael Nesbitt, Taylor Neil and Keith Nolan, and for their families.

I ask you to lift up in prayer all those things for which you are thankful today...(*we leave time for thanksgivings to be added*).

Praise God for those in every generation in whom Christ has been honored Pray that we may have grace to glorify Christ in our own day.

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

*Priest*            The Peace of the Lord be always with you.

*People*            **And also with you.**

### **Offertory Anthem** “Alta Trinita beata”

anon. Italian 15<sup>th</sup> Cent.

### **Eucharistic Prayer**

*Priest*            The Lord be with you.

*People*            **And also with you.**

*Priest*            Lift up your hearts.

*People*            **We lift them up to the Lord.**

*Priest* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth for you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Sanctus** Holy, holy, holy Lord”

by Christine Gevert (2017)

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember his death,**

**We proclaim his resurrection,**

**We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,**

**for ever and ever. Amen.**

### **The Breaking of the Bread**

*Priest* Alleluia! Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. Alleluia!**

**Fraction Anthem** “Blessed are those who are called”

by Christine Gevert (2017)

### **Prayer for Spiritual Reception**

God of love and grace, of justice and peace, we give you thanks that in the Sacrament of the altar you assure us of your presence within us and within the body of Christ, the faithful through all the generations; grant that we who have witnessed anew these holy mysteries, though unable to receive the physical elements of the Sacrament, may be moved by your indwelling Spirit ever more fully to embody your holy and life-giving presence, reshaping in your likeness the world around us, until we are gathered at last into the fullness of your glorious and eternal presence; through Christ our Risen Lord. **Amen.**

By the Rev. Ben Brockman

### **Postcommunion Prayer**

**Eternal God,**

**We have received the token of your promise.**

**May we who have been nourished by your Holy Spirit live faithful to your call to be your church to spread your love in the world we live in.**

**We ask this in the name of Jesus Christ our Lord. Amen.**

**The Blessing**

**The blessing of God, whose love is with us wherever we go, keep you close in one another's hearts. And now may the blessing of God, the Father, God the Son and God the Holy Spirit be with you and those you love and those who love you now and forever. Amen**

**Final Hymn** "Give to our God immortal praise"

*Duke Street*

**Dismissal**

*Priest* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

**Postlude**

Gevert

*The altar flowers this morning are given to the Glory of God  
And in loving memory of George Tuttle by his wife,  
Jane Tuttle.*

**A heartfelt thank you to the Rev. Emily Blair Stribling for being with us for the last three weeks. The vestry and the people of Trinity are grateful for your willingness to learn a new way of being Church (and filming Church) this month!**

## **Serving Today**

*Rector:* The Rev. Heidi Truax  
*Guest Priest and Preacher:* The Rev. Emily Blair Stribling  
*Music Director and Video Editor:* Christine Gevert

*Lector:* Tom Ragan  
*Psalmist:* Janet Walker  
*Epistoler:* Garrett Richardson  
*Intercessor:* Barry Anderson  
*Flowers:* Judith Sherman  
*Counter:* John Oler  
*Verger:* Geoff Brown

## **Announcements**

Today 11:30 AM Zoom Coffee Hour

Sundays 9:00 AM In Person Spiritual Eucharist service outside  
Weather permitting

10:30 AM On line Spiritual Eucharist with Choir continues each week

Thursday, Sep. 3 12:30 PM Bible Study resumes. The Book of First Samuel.

Pastor Heidi Truax is on vacation from August 3 through August 25. However, in the event of a pastoral emergency please call her at 646-825-1333.

## **PRAYERS OF THE PEOPLE**

### **SICK**

Roger

Mary

Elizabeth

For all who struggle with mental illness

Jerry and Molly Hardy

Rozie

Eric

Allen

Martha B.

Terry Hare and family

Roberto

Alice

Millie

Allie

Sam

For those who suffer from chronic, debilitating pain

Jeremy

All cancer patients as they continue their recovery and all caregivers

And all those suffering with COVID-19

### **REST IN PEACE**

Maree Funk

Bob Conforti

Ronny Leonard

Gail Capozzi

Natascha Bewer

Alma Pineda

And all who have died from COVID-19

**The Trinity Vestry**

Linda Lloyd, Senior Warden  
Allen Berrien, Junior Warden     John Oler, Treasurer  
Beverly Becker, Clerk  
Barry Anderson, Michael Cuoco, M. E. Freeman,  
Scott Frost, Danielle A. Gaherty, Martha Nesbitt

**Trinity Episcopal Church**

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