

# TRINITY EPISCOPAL CHURCH

Lime Rock, Connecticut

*Offering Companionship Along The Way*

## TRINITY SUNDAY

### May 30, 2021

**Prelude** “O lux beata Trinitas” à 5

by Andrea Gabrieli (1533-1585)  
Sung by Crescendo Vocal Ensemble

*Latin text*

O lux beata Trinitas,  
Et principalis unitas,  
Iam sol recedat igneus,  
Infunde lumen cordibus.

*English translation*

O Trinity, most blessed light,  
O Unity of sov'reign might,  
as now the fiery sun departs,  
shed thou thy beams within our hearts.

Te mane laudum carmine,  
Te deprecemur vespere:  
Te nostra supplex gloria  
Per cuncta laudet sæcula.

To thee our morning song of praise,  
to thee our evening prayer we raise;  
then may our souls for evermore  
in lovely reverence adore.

“Alta Trinita beata”

Anonymous (Italy 13<sup>th</sup> century)

*Italian text*

Alta Trinita beata,  
da noi sempre adorata,  
Trinita gloriosa  
unita maravigliosa,  
Tu sei manna saporosa  
e tutta desiderosa.

*English translation*

High and blessed Trinity,  
By us always adored.  
Glorious Trinity,  
Marvelous unity,  
You are savory manna  
and all that we can desire.

*Pastor* Blessed be God, Father, Son and Holy Spirit.

*People* **And blessed be God’s kingdom, now and forever. Amen.**

“O lux beata Trinitas”

Gregorian Chant

*Latin text*

O lux beata Trinitas,  
Et principalis unitas,  
Iam sol recedat igneus,  
Infunde lumen cordibus.

*English translation*

O Trinity, most blessed light,  
O Unity of sov'reign might,  
as now the fiery sun departs,  
shed thou thy beams within our hearts.

Te mane laudum carmine,  
Te deprecemur vespere:  
Te nostra supplex gloria  
Per cuncta laudet sæcula.

To thee our morning song of praise,  
to thee our evening prayer we raise;  
then may our souls for evermore  
in lovely reverence adore.

Deo Patri sit gloria,  
Ejusque soli Filio,  
Cum Spiritu Paraclito,  
Et nunc et in perpetuum.

All praise to God the Father be,  
all praise, eternal Son, to thee,  
whom with the Spirit we adore,  
for ever and for evermore. Amen.

*Pastor* The Lord be with you.

*People* **And also with you.**

*Pastor* Let us pray together our collect.

**Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. Amen.**

### **The Prophecy of Isaiah 6:1-8**

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

“Holy, holy, holy is the LORD of hosts;  
the whole earth is full of his glory.”

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: “Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!”

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: “Now that this has touched your lips, your guilt has departed and your sin is blotted out.” Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” And I said, “Here am I; send me!”

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

### **Psalm 29**

- 1 Ascribe to the LORD, you gods, \*  
ascribe to the LORD glory and strength.
- 2 Ascribe to the LORD the glory due his Name; \*  
worship the LORD in the beauty of holiness.
- 3 The voice of the LORD is upon the waters;  
the God of glory thunders; \*  
the LORD is upon the mighty waters.
- 4 The voice of the LORD is a powerful voice; \*  
the voice of the LORD is a voice of splendor.
- 5 The voice of the LORD breaks the cedar trees; \*  
the LORD breaks the cedars of Lebanon;

- 6 He makes Lebanon skip like a calf, \*  
and Mount Hermon like a young wild ox.
- 7 The voice of the LORD splits the flames of fire;  
the voice of the LORD shakes the wilderness; \*  
the LORD shakes the wilderness of Kadesh.
- 8 The voice of the LORD makes the oak trees writhe \*  
and strips the forests bare.
- 9 And in the temple of the LORD \*  
all are crying, "Glory!"
- 10 The LORD sits enthroned above the flood; \*  
the LORD sits enthroned as King for evermore.
- 11 The LORD shall give strength to his people; \*  
the LORD shall give his people the blessing of peace.

**Paul's Letter to the Romans 8:12-17**

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn** "I bind unto myself"

*St. Patrick's Breastplate / Deirdre*

*Pastor* The Holy Gospel of our Lord Jesus Christ according to **John**

**3:1-17**

*People* **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how

can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

*Pastor* The Gospel of the Lord.

*People* Praise to you, Lord Christ.

## The Sermon

Pastor Heidi Truax

**A Portion of the Athanasian Creed** (circa 400 CE attributed to Athanasius of Alexandria)

**And the catholic Faith is this: That we worship one God in Trinity, and Trinity in Unity, neither confounding the Persons, nor dividing the Substance. For there is one Person of the Father, another of the Son, and another of the Holy Ghost. But the Godhead of the Father, of the Son, and of the Holy Ghost, is all one, the Glory equal, the Majesty co-eternal. Such as the Father is, such is the Son, and such is the Holy Ghost.**

**The Father uncreate, the Son uncreate, and the Holy Ghost uncreate. The Father incomprehensible, the Son incomprehensible, and the Holy Ghost incomprehensible. The Father eternal, the Son eternal, and the Holy Ghost eternal.**

**And yet they are not three eternal, but one eternal. As also there are not three incomprehensibles, nor three uncreated, but one uncreated, and one incomprehensible.**

**So likewise the Father is Almighty, the Son Almighty, and the Holy Ghost Almighty. And yet they are not three Almighties, but one Almighty.**

**So the Father is God, the Son is God, and the Holy Ghost is God. And yet they are not three Gods, but one God. So likewise the Father is Lord, the Son Lord, and the Holy Ghost Lord. And yet not three Lords, but one Lord... Amen.**

## The Prayers of the People

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our President, Joe, for our Governors, Charlie, Andrew and Ned, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering especially (*we read from the list and leave time for other names to be added.*) let us pray to the Lord.

**Lord, have mercy.**

For all those things for which we are thankful (*we leave time to lift up thanksgivings*) and for those on our parish cycle of prayer; for Arete Warren, Marion Williams, Norma Wright, and for their families, let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection (*we read from the list and leave time for names to be added.*) and for all the departed, let us pray to the Lord.

**Lord, have mercy.**

Oh God, our heavenly Father, whose glory fills the whole the whole creation, and whose presence we find wherever we go: Preserve those who travel especially Pastor Heidi as she begins her sabbatical journey; surround her with your loving care; protect her from every danger; and bring her in safety to her journey's end; through Jesus Christ our Lord. Amen.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son and Holy Spirit, now and forever. **Amen.**

### **The Peace**

*Priest*            The Peace of the Lord be always with you.

*People*            **And also with you.**

### **Offertory Anthem "Father all-holy"**

by Charles Wood (1866-1926)

Soloists: Schauntice Shepard, soprano; Sarah Bleasdale, alto; Pablo Bustos, tenor; Jim Barrett, bass

### **The Doxology**

*Old 100th*

### **Eucharistic Prayer**

*Priest*            The Lord be with you.

*People*            **And also with you.**

*Priest*            Lift up your hearts.

*People*            **We lift them up to the Lord.**

*Priest*            Let us give thanks to the Lord our God.

**People**      **It is right to give God thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant.

From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us.

Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing

**Holy: Holy, holy, holy** (*Santo*)

*Latin American, arr. Allen Pote (b. 1945)*

**Holy, holy, holy, my heart, my heart adores you!  
My heart is glad to say the words: you are holy, Lord.**

**¡Santo, santo, santo, mi corazón te adora!  
Mi corazón te sabe decir: santo eres, Señor.**

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.  
Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our savior Christ has taught us we are bold to pray:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

### **The Breaking of the Bread**

*Priest* Alleluia! Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. Alleluia!**

### **Prayer for Spiritual Reception**

Lord, Jesus Christ, we believe that you are present in the sharing of the Holy Eucharist.

We desire through this sacrament to receive you into our bodies; heart, mind and soul.

Since we cannot at this moment receive you physically through the bread and wine of this Holy Meal we ask that you come spiritually into our hearts. We embrace you now as we unite ourselves to your presence. May we never be separated from your love. **Amen.**

### **Postcommunion Prayer**

**Lord God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.**

*Evangelical Lutheran Church in America*

### **Special Blessing for Pastor Heidi from Pastor Marilyn Anderson**

#### **The Blessing**

The Holy and Mighty God protect you from all evil,  
Christ the King deliver you from all darkness,

The Holy Spirit guide you into ways of peace  
And the blessing of God Almighty, Father, Son and Holy Spirit be with you now and always.  
**Amen.**

**Final Hymn** “Holy, holy, holy”

*Nicea*

**Dismissal**

*Priest* Let us go forth in the power of the Spirit. Alleluia!  
*People* **Thanks be to God. Alleluia!**

**Postlude** Organ improvisation on tune *Nicea*

*The altar flowers this morning are given to the Glory of God  
and in loving memory of  
George Tuttle and Anne Tuttle Roller by Jane Tuttle.*

**Serving Today**

*Rector:* The Rev. Heidi Truax  
*Music Director and Video Editor:* Christine Gevert  
*Lector:* Arete Warren  
*Psalmist:* Tom Schindler  
*Epistoler:* Georgia Frost  
*Intercessor:* Pari Forood  
*Flowers:* Marian Beers  
*Altar Guild:* Mike Cuoco  
*Verger:* Geoff Brown

**The Trinity Vestry**

Linda Lloyd, Senior Warden  
Allen Berrien, Junior Warden     John Oler, Treasurer  
Beverly Becker, Clerk  
Barry Anderson, Michael Cuoco, M. E. Freeman,  
Scott Frost, Danielle A. Gaherty, Martha Nesbitt

**Trinity Episcopal Church**

484 Lime Rock Rd. Lakeville, CT 06039  
860-435-2627     [www.trinitylimerock.org](http://www.trinitylimerock.org)

*Offering Companionship Along the Way*