

TRINITY EPISCOPAL CHURCH

Offering Companionship along the Way

THE SECOND SUNDAY OF LENT

MARCH 5, 2023



What it might have looked like for Abram and Lot to move with their families and herds to a new land.

Opening Hymn 470 There's a wideness in God's mercy

Beecher

Pastor Blessed be the Lord who forgives all our sins.

People **His mercy endures forever.**

Pastor Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

The Trisagion (*said three times*)

**Holy God,
Holy and mighty,
Holy Immortal One,
Have mercy upon us.**

Pastor The Lord be with you.

People **And also with you.**

Pastor Let us pray together our collect.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

A reading from the Book of Genesis 12:1-4a

The LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the LORD had told him; and Lot went with him.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 121

1 I lift up my eyes to the hills; *
from where is my help to come?

**2 My help comes from the LORD, *
the maker of heaven and earth.**

3 He will not let your foot be moved *
and he who watches over you will not fall asleep.

**4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;**

5 The LORD himself watches over you; *
the LORD is your shade at your right hand,

**6 So that the sun shall not strike you by day, *
nor the moon by night.**

7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.

**8 The LORD shall watch over your going out and your coming in, *
from this time forth for evermore.**

A Reading from Paul's Letter to the Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness."

Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of

Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.

People **Thanks be to God.**

Priest The Holy Gospel of our Lord Jesus Christ according to John 3:1-17

People **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?”

Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Priest The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

The Rev. Heidi Truax

A time of Silent Reflection

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:**

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Father, we pray for all peoples throughout the world. May people who suffer, and are caught up in the midst of natural disaster, disease or poverty, find peace through you;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all those in religious orders, for lay and ordained ministers, and all the holy people of God;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

We give thanks at all times for the blessings of our lives. We lift up our thanksgivings (*we leave time for people to say silently or aloud the things for which they are grateful*). Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

On our parish cycle of prayer we pray today for Heather Chapman, for Fran Colombo and for Jim Conzo and for their families;
That we may serve and love them, and one another, as Christ loves us.

Have compassion on those who suffer, especially (*we read from the book and leave time for other names to be added*). We pray for all who are afflicted with any grief or trouble;
That they may be delivered from their distress.

We pray for all those who have died, especially those who we name (*we read from the book and leave time for other names to be added*). Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for all the saints, those we love in this world, and in the next;
May we also come to share in your heavenly kingdom. Amen.

The Confession

Almighty and merciful God, we have sinned against you in thought, word and deed. We have not loved you with all our heart. We have not loved others as our Savior Christ loves us. We are truly sorry. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may delight in your will and walk in your ways, through Jesus Christ our Savior. Amen.

From New Zealand Prayer Book

Absolution

Almighty God, who pardons all who truly repent, forgive your sins, strengthen you by the Holy Spirit and keep you in life eternal; through Jesus Christ our Redeemer. **Amen.**

Priest The peace of the Lord be always with you.

People **And also with you.**

Announcements and Thank Offering

Offertory Hymn 143 The glory of these forty days

Erhalt

Doxology Hymn 380, vs. 3 Praise God from whom all blessings flow

Old 100th

GREAT THANKSGIVING

Priest The Lord be with you.

People **And also with you.**

Priest Lift up your hearts.

People **We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Pastor Heidi Christ our Passover is sacrificed for us.
People Therefore let us keep the feast.

Distribution of Holy Communion at the altar

We offer wine and grape juice, blessed

Communion Hymn 325 Let us break bread together

Let us break bread

Postcommunion Prayer

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace and opened the gates of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name. Amen.

A New Zealand Prayer Book

Blessing

The Lord bless you and keep you

The Lord make his face to shine upon you and be gracious to you

The Lord lift up his countenance upon you and give you peace.

And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. Amen.

The Dismissal

*Pastor Heidi
People*

Let us bless the Lord.

Thanks be to God.

Serving Today

Rector: The Rev. Heidi Truax

Music Director: Christine Gevert

Minister of Communion: Pari Forood

Lector: Michelle Sisk

Epistoler: Emma Sisk

Intercessor: Barry Anderson

Altar Guild: Bev Becker

Counter: Martha Nesbitt

Greeter/Usher: Brennan Sisk and Mike Cuoco

Verger: Geoff Brown

Announcements

Sat. March 11 6:00 PM Crescendo concert cancelled/postponed

Sun., March 12 Daylight Savings time begins

Sun., March 19 Next Vestry Meeting

Sun., March 26 11:45 AM Outreach Brunch returns with visits from (hopefully) four librarians
4:00 PM Misa en español

Weekly Schedule

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| Mondays | 7:00 PM Crescendo Rehearsal |
| Tuesdays | 7:00 PM Overeaters Anonymous in Walker Hall |
| Wednesdays | Services at Noble Horizons, Geer Nursing, Geer Lodge 6:00 PM on first and last Wednesday of the month, Women's AA in Walker Hall |
| Thursdays | 1:00 PM Bible Study on Zoom. |
| Saturdays | 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office |



Music Credits for Live Stream

All hymns sung this morning are in the Public Domain.

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THE REV. HEIDI TRUAX, RECTOR
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