



Building a pila (water cistern) in Honduras 2008

# TRINITY EPISCOPAL CHURCH

*Offering Companionship along the Way*

THE THIRD SUNDAY OF LENT

MARCH 12, 2023

**Prelude** Organ improvisation on tune *Bourbon*

**Processional Hymn 675** Take up your cross, the Savior said

*Bourbon*

*Pastor* Blessed be the Lord who forgives all our sins.

*People* **His mercy endures forever.**

*Pastor* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

**The Trisagion: Hymnal S100**

David Hurd, b. 1950

**Holy God,  
Holy and mighty,  
Holy Immortal One,  
Have mercy upon us.**

*Pastor* The Lord be with you.

*People* **And also with you.**

*Pastor* Let us pray together our collect.

**Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.***

**A reading from the Book of Genesis 17:1-7**

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this

people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

*Reader*        The Word of the Lord.

*People*         **Thanks be to God.**

### **Psalm 95:1-7**

Gregorian Chant, Tone 2.D

- 1 Come, let us sing to the LORD; \*  
    let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving \*  
    and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, \*  
    and a great King above all gods.
- 4 In his hand are the caverns of the earth, \*  
    and the heights of the hills are his also.
- 5 The sea is his, for he made it, \*  
    and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, \*  
    and kneel before the LORD our Maker.
- 7 For he is our God, and we are the people of his pasture and the sheep of his hand. \*  
    Oh, that today you would hearken to his voice!

### **A Reading from Paul’s Letter to the Romans 5:1-11**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader*        The Word of the Lord.

*People*         **Thanks be to God.**

*Priest*            The Holy Gospel of our Lord Jesus Christ according to John 4:5-42  
*People*            **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*Priest*        The Gospel of the Lord.  
*People*        Praise to you, Lord Christ.

**Sermon**

**The Rev. Heidi Truax**

**A time of Silent Reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father. He will come again in glory to judge  
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy: **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy: **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy: **Hear our prayer.**

We give thanks to you, Lord God, for all your blessings. We pray in gratitude for the celebrations of our lives (*we lift up in prayer all those things for which we are thankful*).

Lord in your goodness: **Hear our prayer.**

Bless all whose lives are closely linked with ours. On our parish cycle of prayer we pray today for Mike and Sandy Cuoco, Jeremy Dakin, and for Ginny and John Dildine and their families. Grant that we may serve Christ in them, and love one another as God loves us.

Lord, in your mercy: **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit (*we read from the book and leave time for names to be added*). Give them courage and hope in their troubles and bring them the joy of your salvation.

Lord, in your mercy: **Hear our prayer.**

We commend to your mercy all who have died (*we read from the book and leave time for names to be added*). We pray that your will for them may be fulfilled, and that we may share with all your saints in your eternal kingdom.

Lord, in your mercy: **Hear our prayer.**

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Priest*            The peace of the Lord be always with you.

*People*           **And also with you.**

### **Announcements**

**Offertory Hymn 683** O for a closer walk with God

*Beatitudes*

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow

*Old 100th*

## **GREAT THANKSGIVING**

*Priest*            The Lord be with you.

*People*           **And also with you.**

*Priest*            Lift up your hearts.

*People*           **We lift them to the Lord.**

*Priest*            Let us give thanks to the Lord our God.

*People*           **It is right to give God thanks and praise.**

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; you brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; and so as the morning stars sing your praises we join the heavenly beings and all creation as we shout for joy:

**Holy, holy, holy: Hymnal S124 Sanctus**

David Hurd, b. 1950

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

Glory and honor are yours, Creator of all, your Word has never been silent; you call a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the New Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**Dying, you destroyed our death.**

**Rising, you restored our life.**

**Christ Jesus, come in glory!**

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice, and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. Blessed are you now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Lamb of God: Hymnal S 161** Agnus Dei

David Hurd, b. 1950

**Distribution of Holy Communion at the altar**

*We offer wine and grape juice, blessed*

**Communion Hymn 341** For the bread which you have broken

*Omni Die*

**Postcommunion Prayer**

**Lord God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.**

*Evangelical Lutheran Church in America*

**Blessing**

The holy and Strong One, the merciful God, deliver you from the powers of evil, strengthen you in all goodness, keep you in eternal life, and the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

**Recessional Hymn 636** How firm a foundation

*Foundation*

**The Dismissal**

*Pastor Heidi*      Let us bless the Lord.  
*People*              **Thanks be to God.**

**Postlude** Organ improvisation on tune *Foundation*

### **Serving Today**

*Rector:* The Rev. Heidi Truax  
*Music Director:* Christine Gevert  
*Minister of Communion:* Pari Forood  
*Lector:* David Booth Beers  
*Epistoler:* Linda Lloyd  
*Intercessor:* Diane Walters  
*Altar Guild:* Mike Cuoco  
*Counter:* Bev Becker  
*Greeter/Usher:* Jim Conzo  
*Verger:* Geoff Brown

## Announcements

- Sun., March 19** Carol Taylor visits Sunday School for Absalom Jones talk  
12 Noon Vestry Meeting
- Sun., March 26** 11:45 AM Outreach Brunch returns with visits from librarians from Salisbury,  
Sharon and Falls Village  
4:00 PM Misa en Español
- Thurs., March 30** 1:00 PM Special Bible Study with Rabbi Jon Haddon of Congregation Beth  
David - on Zoom. All welcome to hear his talk on “Everything you  
wanted to know about Passover” contact Pastor Heidi to receive zoom link.
- Sunday, April 2** Palm Sunday services at 8 and 10:30 AM
- Friday, April 7** Good Friday services:  
12 Noon Way of the Cross  
7:00 PM Good Friday: Words from the Life of Jesus, ecumenical service w/music
- Sat., April 8** 7:00 PM Easter Vigil, traditional New Fire, music and s’ mores afterwards
- Sun. April 9** 8, 10:30, and 4:00 PM Easter Services with Easter egg hunts

## Weekly Schedule

- Mondays** 7:00 PM Crescendo Rehearsal
- Tuesdays** 7:00 PM Overeaters Anonymous in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge  
6:00 PM on first and last Wednesday of the month, Women’s AA in Walker Hall
- Thursdays** 1:00 PM Bible Study on Zoom (except no class in Holy Week or Easter Week)
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office

## Music Credits for Live Stream

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*Offering Companionship Along the Way*