

Celebrating 150 Years



1874 - 2024

Trinity Episcopal Church
Lime Rock, CT

TRINITY EPISCOPAL CHURCH

Offering Companionship along the Way

THE THIRD SUNDAY OF LENT

MARCH 3, 2024

Prelude Organ improvisation on tune *Quittez, Pasteurs*

Opening Hymn 145 verses 1, 2, 5 Now quit your care and anxious fear and worry *Quittez, Pasteurs*

Celebrant Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: the Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

Let us humbly confess our sins unto Almighty God.

Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Trisagion: Hymnal S 100

From New Plainsong; David Hurd (b. 1950)

Holy God, holy and mighty, holy immortal One, have mercy upon us.

Pastor The Lord be with you.

People And also with you.

Pastor Let us pray together our collect.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Reading from the Book of Exodus 20:1-17

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work.

But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns.

For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

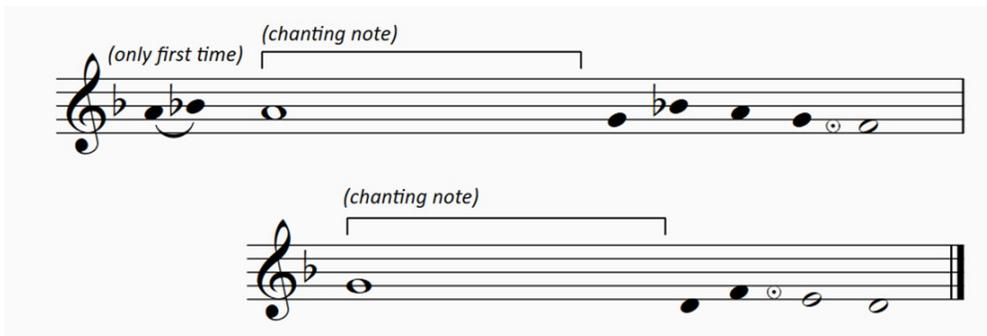
You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 19:1-9

Tonus Peregrinus



- 1 The heavens declare the glory of God, *
and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
and one night imparts knowledge to another.
- 3 Although they have no words or language, *
and their voices are not heard,
- 4 Their sound has gone out into all lands, *
and their message to the ends of the world.

- 5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect and revives the soul; *
the testimony of the LORD is sure and gives wisdom to the innocent.
- 8 The statutes of the LORD are just and rejoice the heart; *
the commandment of the LORD is clear and gives light to the eyes.
- 9 The fear of the LORD is clean and endures for ever; *
the judgments of the LORD are true and righteous altogether.

A reading from the Paul's First Letter to the Corinthians 1:18-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn 462 The Lord will come and not be slow

York

Pastor The Holy Gospel of our Lord according to John 2:13-23

People **Glory to you, Lord Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father's house a marketplace!” His disciples remembered that it was written, “Zeal for your house will consume me.” The Jews then said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.”

Pastor The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Minute of silence for reflection *(a one full minute challenge)*

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man. For our sake he was crucified under Pontius Pilate;
he suffered death and was buried. On the third day he rose again
in accordance with the Scriptures; he ascended into heaven
and is seated at the right hand of the Father. He will come again in glory to
judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.**

Prayers of the People

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, war-torn countries, and the whole world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the special needs and concerns of this congregation *(we read from the book and leave time for names to be added.)* Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life *(we leave time for thanksgivings to be offered.)* On our parish cycle of prayer we pray for Christine Gevert and Gordon Gustafson, Molly Hardy, Fred and Sally Harris and for their families. We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. (*We read from the book and leave time for other names to be added.*) Lord, let your loving-kindness be upon them;

Who put their trust in you.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

Pastor The peace of the Lord be always with you.

People **And also with you.**

Announcements

Offertory Hymn 249 To the Name of our salvation

Grafton

Doxology Hymn 380, vs. 3 Praise God from whom all blessings flow

Old 100th

THE GREAT THANKSGIVING

Priest The Lord be with you.

People **And also with you.**

Priest Lift up your hearts.

People **We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; you brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; and so as the morning stars sing your praises we join the heavenly beings and all creation as we shout for joy:

Holy, holy, holy: Hymnal S 124 Sanctus

David Hurd (b. 1950)

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

Glory and honor are yours, Creator of all, your Word has never been silent; you call a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the New Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice, and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. Blessed are you now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Lamb of God: Hymnal S 161 Agnus Dei

David Hurd (b. 1950)

Here at Trinity we welcome you to take communion with us if you seek a relationship with Jesus. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.

Communion Hymn 479 Glory be to Jesus

Wem in Leidenstagen

Postcommunion Prayer

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth as a people forgiven, healed and renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

Beloved, take heart!

For the One who began a good work in you will see it to completion.

For all of us share in God's grace, and as witness of the Gospel of Christ

And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

Closing Hymn 488 Be thou my vision, O Lord of my heart

Slane

The Dismissal

Pastor Let us bless the Lord.

People **Thanks be to God.**

Postlude Organ improvisation on tune *Slane*

Serving Today

Rector: The Rev. Heidi Truax

Deacon and Hispanic Missioner: The Rev. Félix Rivera

Music Director: Christine Gevert

Minister of Communion: Mary Anne Carley

Lector: Libby Abelow

Epistoler: Tom Schindler

Intercessor: David Booth Beers

Altar Guild: Bev Becker

Counter: John Lloyd

Greeter/Usher: Roy Bickley/ Alessandra Griffith

Verger: Geoff Brown



Trinity Vestry

Linda Lloyd, Sr. Warden

Theresa Kenny, Jr. Warden

M. E. Freeman, Treasurer

Jim Conzo, Clerk

Stephanie Barrett, Marian Beers, Al Dorf,

Emily DiMartino, Jarrod Sisk, Alan Swide

Announcements

- Sunday, Mar. 3** 2:00 PM meeting of the NW Region Leadership Team at Trinity Torrington
- Sunday, Mar. 10** Noon—Outreach Brunch: Speaker will be Conrad Sienkiewicz from Trinity Torr.
- Sunday, Mar. 17** Noon—Next Vestry meeting
- Saturday, Mar. 23** 10:00 AM Brass Polishing—Meet in kitchen
- Sunday, Mar. 24** 8:00 and 10:30 AM Palm Sunday Services
4:00 PM Crescendo Concert
- Thursday, Mar. 28** 5:00 PM Roast lamb Maundy Thursday Dinner Church
- Friday, Mar. 29** 12 Noon—Way of the Cross in Church and Parish Hall
7:00 PM Good Friday reflections by parishioners and guests with music
- Saturday, Mar. 30** Noon—Misa en español
- Sunday, Mar. 31** 8:00 and 10:30 AM Easter Sunday services

Weekly Schedule

- Mondays** 6:30 PM Crescendo rehearsal in Walker Hall
- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge
6:00 PM on first and last Wednesday of the month, Women's AA in Walker Hall
- Thursdays** 1:00 PM Bible Explorers: *The Letter to the Hebrews*
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service
and wait to have private conversations until after you have left the nave.*

Music Credits, Permissions, Licenses

Trisagion S 100 from *New Plainsong*; David Hurd (b. 1950), Holy S 124 Sanctus by David Hurd (b. 1950), Lamb of God S 161 Agnus Dei by David Hurd (b. 1950), and hymns 488 (Slane) are reproduced (performed) with permission of OneLicense A-730466. All rights reserved.

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TRINITY EPISCOPAL CHURCH

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THE REV. HEIDI TRUAX, RECTOR
THE REV. FELIX RIVERA, DEACON AND HISPANIC MISSIONER

Offering Companionship Along the Way