

Celebrating 150 Years



1874 - 2024

Trinity Episcopal Church
Lime Rock, CT

TRINITY EPISCOPAL CHURCH

Offering Companionship along the Way

THE FOURTH SUNDAY OF LENT

MARCH 10, 2024

Prelude Organ improvisation on tune *A la venue de Noël*

Opening Hymn 152 Kind Maker of the world

A la venue de Noël

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Celebrant If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8-9*

Let us humbly confess our sins unto Almighty God.

Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Trisagion: Hymnal S 100

From New Plainsong; David Hurd (b. 1950)

Holy God, holy and mighty, holy immortal One, have mercy upon us.

Pastor The Lord be with you.

People **And also with you.**

Pastor Let us pray together our collect.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen..

A Reading from the Book of Numbers 21:4-9

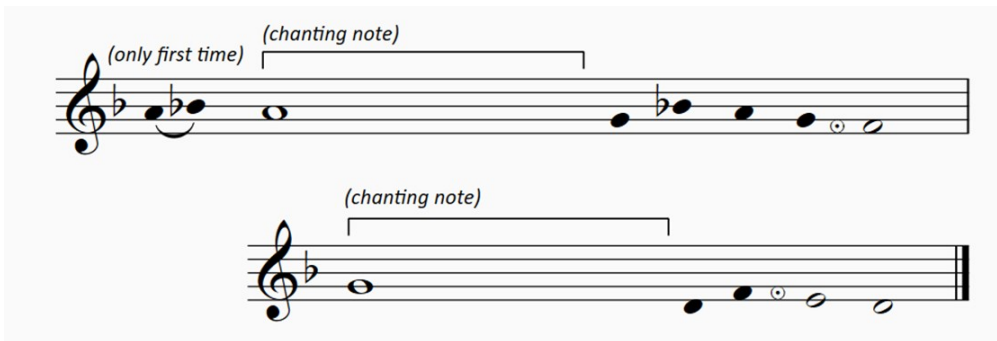
From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses,

“Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.” Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, “We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us.” So Moses prayed for the people. And the LORD said to Moses, “Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.” So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 107:1-3, 17-22

Tonus Peregrinus



- 1 Give thanks to the LORD, for he is good, *
and his mercy endures for ever.
- 2 Let all those whom the LORD has redeemed proclaim *
that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.
- 17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.
- 18 They abhorred all manner of food *
and drew near to death's door.
- 19 Then they cried to the LORD in their trouble, *
and he delivered them from their distress.
- 20 He sent forth his word and healed them *
and saved them from the grave.
- 21 Let them give thanks to the LORD for his mercy *
and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

A reading from the Paul's Letter to the Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn 304 I come with joy to meet my Lord

Land of Rest

Pastor The Holy Gospel of our Lord according to John 3:14-21

People **Glory to you, Lord Christ.**

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

Pastor The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

Pastor Heidi Truax

Minute of silence for reflection (*a one full minute challenge*)

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father. Through him all things were made.**

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,

and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

Prayers of the People

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our President, Joe; for our Governors, Maura, Kathy and Ned, for the leaders of all nations and for all in authority, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering especially (*we read from the book and leave time for other names to be added.*) let us pray to the Lord.

Lord, have mercy.

For all those things for which we are thankful (*we leave time to lift up thanksgivings*) and for those on our parish cycle of prayer, for Carol and Bob Hoskins, Bill and Shirley Jenks, Keith Johnson, and for their families, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for those who are homeless in our area and around our country, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection (*we read from the book and leave time for names to be added.*) and for all the departed, let us pray to the Lord.

Lord, have mercy.

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son and Holy Spirit, now and for ever. **Amen.**

Pastor The peace of the Lord be always with you.

People **And also with you.**

Announcements

Offertory Anthem “God so loved the world” by John Stainer (1840-1901)

God so loved the world that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world, but that the world through him might be saved. [From John 3:16-17]

Doxology Hymn 380, vs. 3 Praise God from whom all blessings flow

Old 100th

THE GREAT THANKSGIVING

Priest The Lord be with you.

People **And also with you.**

Priest Lift up your hearts.

People **We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Holy, holy, holy: Hymnal S 124 Sanctus

David Hurd (b. 1950)

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
**We celebrate his death and resurrection,
as we await the day of his coming.**

Lord God of our Ancestors; God of Abraham, Isaac, and Jacob, God of Sarah, Rebecca, Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Lamb of God: Hymnal S 161 Agnus Dei

David Hurd (b. 1950)

Here at Trinity we welcome you to take communion with us. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.

Communion Hymn 146 Now let us all with one accord

Ex more docti mystico

Postcommunion Prayer

Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your spirit to give ourselves for others. In the name of Jesus Christ our Lord, Amen.

United Methodist Church

Blessing

The almighty Father refresh you, the loving Savior redeem you, the lifegiving Spirit restore you: And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

Closing Hymn 150 Forty days and forty nights

Aus der Tiefe rufe ich

The Dismissal

Pastor Let us bless the Lord.

People **Thanks be to God.**

Postlude Organ improvisation on tune *Aus der Tiefe rufe ich*

Serving Today

Rector: The Rev. Heidi Truax

Deacon and Hispanic Missioner: The Rev. Félix Rivera

Music Director: Christine Gevert

Minister of Communion: Mary Anne Carley

Lector: Rachel Lamb

Epistoler: John Lloyd

Intercessor: Linda Lloyd

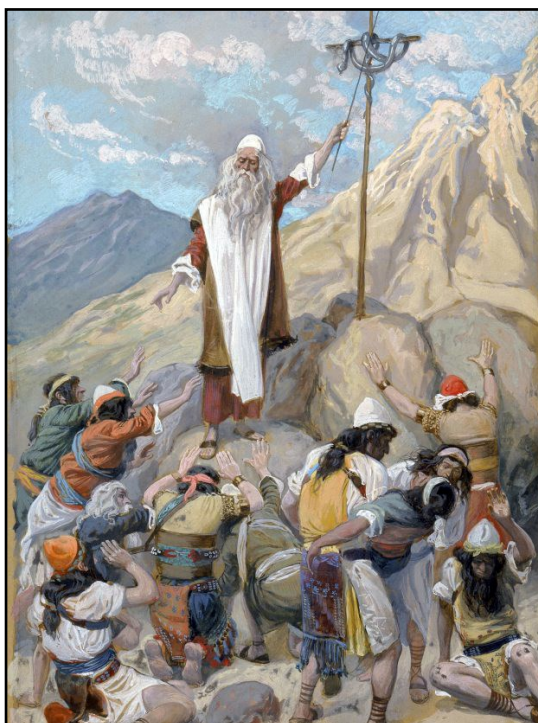
Altar Guild: Mike Cuoco

Daffodils: Theresa Kenny

Counter: Bev Becker

Greeter/Usher: Jim Conzo/ David Booth Beers

Verger: Geoff Brown



By
James
Tissot
(public
domain)

Trinity Vestry

Linda Lloyd, Sr. Warden

Theresa Kenny, Jr. Warden

M. E. Freeman, Treasurer

Jim Conzo, Clerk

Stephanie Barrett, Marian Beers, Al Dorf,

Emily DiMartino, Jarrod Sisk, Alan Swide

Announcements

- Today** Noon—Outreach Brunch: Speaker will be Conrad Sienkiewicz from Trinity Torrington
- Sunday, Mar. 17** Noon—Next Vestry meeting
- Saturday, Mar. 23** 10:00 AM Brass Polishing—Meet in kitchen
- Sunday, Mar. 24** 8:00 and 10:30 AM Palm Sunday Services
4:00 PM Crescendo Concert
- Thursday, Mar. 28** 5:00 PM Roast Lamb Maundy Thursday Dinner Church
- Friday, Mar. 29** 12 Noon—Way of the Cross in Church and Parish Hall
7:00 PM Good Friday reflections by parishioners and guests with music
- Saturday, Mar. 30** Noon—Misa en español (Vigilia de Pascua)
12:45 AM Búsqueda de huevos de Pascua
- Sunday, Mar. 31** 8:00 and 10:30 AM Easter Sunday services
- Sunday, April 14** Celebration of baptisms and young people taking First Communion
11:45 Festive Coffee hour and reception for celebrants

Weekly Schedule

- Mondays** 6:30 PM Crescendo rehearsal in Walker Hall
- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge
6:00 PM on first and last Wednesday of the month, Women’s AA in Walker Hall
- Thursdays** 1:00 PM Bible Explorers: *The Letter to the Hebrews*
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service
and wait to have private conversations until after you have left the nave.*

Music Credits, Permissions, Licenses

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TRINITY EPISCOPAL CHURCH

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THE REV. HEIDI TRUAX, RECTOR

THE REV. FELIX RIVERA, DEACON AND HISPANIC MISSIONER

Offering Companionship Along the Way