

TRINITY EPISCOPAL CHURCH

Offering Companionship along the Way

ASH WEDNESDAY

MARCH 2, 2022

THE WORD OF GOD

Pastor Bless the Lord who forgives all our sins;
People **His mercy endures for ever.**

Pastor The Lord be with you.
People **And also with you.**

Pastor Let us pray together our collect.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Prophecy of Isaiah

58:6-9a

Is not this the fast that I choose: to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?

Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the LORD shall be your rear guard.

Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 103:8-14

8 The LORD is full of compassion and mercy, *
slow to anger and of great kindness.

9 He will not always accuse us, *
nor will he keep his anger for ever.

10 He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

11 For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.

12 As far as the east is from the west, *
so far has he removed our sins from us.

13 As a father cares for his children, *
so does the LORD care for those who fear him.

14 For he himself knows whereof we are made; *
he remembers that we are but dust.

Paul's Second Letter to the Corinthians

5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute.

We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn 150 Forty days and forty nights

Aus der Tiefe rufe ich

Pastor The Holy Gospel of our Lord according to Matthew

6:1, 5-6, 16-21

People **Glory to you, Lord Christ.**

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

"Whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Pastor The Gospel of the Lord.

People Praise to you, Lord Christ.

The Homily

Pastor Heidi Truax

Choir Anthem "A prayer for Ukraine"

by Oleksandr Konysky & Mykola Lysenko

All stand, and the Pastor invites the people to the observance of a holy Lent, saying

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all kneeling.

Prayer for the blessing of the ashes

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

The ashes are imposed with the following words

Remember that you are dust, and to dust you shall return.

Litany of Penitence

The Pastor and People together, all kneeling

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

The Pastor continues

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy

Gospel. Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. *Amen.*

Pastor The peace of the Lord be always with you.

People **And also with you.**

Offertory Anthem “Almighty and everlasting God”

by Thomas Tomkins (1572-1656)

Almighty and everlasting God,
who hatest nothing that thou hast made
and dost forgive the sins of all them that are penitent:
Create and make in us new and contrite hearts,
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may obtain of thee, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ. Amen.

THE GREAT THANKSGIVING

Pastor The Lord be with you.

People **And also with you.**

Pastor Lift up your hearts.

People **We lift them to the Lord.**

Pastor Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus Holy, holy, holy Lord *see pew card*

Christine Gevert (2016)

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem Christ our Passover *see pew card*

Christine Gevert (2016)

The Communion (*on the floor level of the nave—bread and wine offered*)

Communion Anthem “Emendemus in melius”

by William Byrd (1539-1623)

Latin text

Emendemus in melius
quae ignoranter peccavimus;
ne subito praeoccupati die mortis,
quaeramus spatium poenitentiae,
et invenire non possimus.
Attende, Domine, et miserere;
quia peccavimus tibi. (cf. Bar. 3:2)
Adjuva nos, Deus salutaris noster,
et propter honorem nominis tui libera nos.
(Ps. 79:9a)

English translation

Let us amend for the better in those things
in which we have sinned through ignorance;
lest suddenly overtaken by the day of death,
we seek space for repentance,
and be not able to find it.
Hearken, O Lord, and have mercy:
for we have sinned against thee.
Help us, O God of our salvation,
and for the honor of thy name deliver us.

Postcommunion Prayer

O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of your Spirit lift us, we pray you, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. Amen

BCP p 832

The Blessing

Closing Hymn 152 Kind Maker of the world

A la venue de Noël

Pastor Let us bless the Lord.
People **Thanks be to God.**



Serving Today

Rector: The Rev. Heidi Truax
Music Director: Christine Gevert
Musicians: Trinity Choir and Crescendo Vocal Ensemble Singers
Minister of Communion: Michael Cuoco
Verger: Geoff Brown

Announcements

- Thursdays** 12:30—1:30 PM Bible Explorers meet. We will read Exodus until Easter
- Sun., March 13** Daylight Savings begins—clocks forward one hour
- Mon., March 14** 6:30 PM on Zoom—1st meeting of Book Group *Rooted*
- Sun., March 20** Noon—Next vestry meeting
4:00 PM Next Misa en Español

Monday evenings at 6:30 in Lent, beginning on March 14, there will be a book group on Zoom led by the Rev. Marilyn Anderson. The book is Rooted: Life at the Crossroads of Science, Nature, and Spirit. See this coming week's Trinity Update for more info.

Please consider donating to Episcopal Relief and Development to aid the people of Ukraine:
<https://www.episcopalrelief.org/what-you-can-do/give/donate-now/individual-donation/>

At our services: We ask that all people wear masks whether vaccinated or not and please observe social distancing.

Please remember that we are filming this service and wait to have private conversations until after you have left the nave.

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“Prayer for Ukraine”, by Oleksandr Konysky & Mykola Lysenko with Latin Transcription, based on 2015 harmonization, edited to match the recording of the mixed choir of faculty of culture and arts at Lviv University, conducted by Marija Kamins'ka by [Tv2022](#) (Source: Wikipedia). Licensed under the [Creative Commons Attribution-Share Alike 4.0 International](#) license.

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