

# TRINITY EPISCOPAL CHURCH

*Offering Companionship along the Way*

THE FIFTH SUNDAY AFTER THE EPIPHANY

FEBRUARY 5, 2023

**Prelude** *Tiento* for harp – Anonymous from  
“Libro de cifra Nueva ... de Luys Venegas de Henestrosa (1557)”

**Opening Hymn 8** Morning has broken *Bunessan*

## THE WORD OF GOD

*Pastor* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God’s kingdom, now and forever. Amen.**

*Pastor* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**The Gloria** “Glory to God” *see insert* Gevert 2017-06

*Pastor* The Lord be with you.

*People* **And also with you.**

*Pastor* Let us pray together our collect.

**Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.**

### A reading from the Prophecy of Isaiah 58:1-9a

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God.

“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

### **Psalm 112:1-9**

*Gevert-1*

- 1 **H**allelujah! Happy are they who fear the Lord \*  
and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.
- 6 For they will never be shaken; \*  
the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; \*  
their heart is right; they put their trust in the Lord.
- 8 Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.
- 9 They have given freely to the poor, \*  
and their righteousness stands fast for ever; they will hold up their head with honor.

### **A Reading from Paul's First Letter to the Corinthians 2:1-13**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.]

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn 488** Be thou my vision, O Lord of my heart

*Slane*

**Gospel Acclamation** "Alleluia"

Plainsong, arr. Christine Gevert

*Priest*        The Holy Gospel of our Lord Jesus Christ according to Matthew 5:13-20

*People*        **Glory to you, Lord Christ.**

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

*Priest*        The Gospel of the Lord.

*People*        **Praise to you, Lord Christ.**

**Sermon**

Pastor Heidi Truax

**A time of Silent Reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again**

**in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Prayers of the People**

In peace, let us pray to the Lord, saying, "Lord, have mercy."

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

**Lord, have mercy.**

For Michael, our Presiding Bishop, for Jeffrey and Laura our Bishops, for all lay and ordained ministers, and for all the holy people of God, we pray to you, O Lord.

**Lord, have mercy.**

For the mission of the Church, that in faithful witness we may preach the Gospel to the ends of the earth, we pray to you, O Lord.

**Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

**Lord, have mercy.**

For those on our parish cycle of prayer, Stephanie Barrett, Patricia and Steve Barton and Stuyvesant Bearns, and for their families, and for all who live and work in our communities, we pray to you, O Lord.

**Lord, have mercy.**

For the poor, the persecuted, the sick, all who suffer and those who have asked for our prayers (*we read from the book and leave time for people to add names;*) for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

**Lord, have mercy.**

For ourselves; for the forgiveness of our sins, and for the grace of the Holy Spirit to amend our lives, we pray to you, O Lord.

**Lord, have mercy.**

For all who have died in the communion of your Church (*we read from the book and leave time for people to add names,*) and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

**Lord, have mercy.**

For all the blessings of our lives especially all we lift up in prayer at this time (*we leave time to lift up our thanksgivings.*) Give us grateful hearts, O Lord.

**Lord, have mercy.**

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

**To you, O Lord our God.**

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Priest* The peace of the Lord be always with you.

*People* **And also with you.**

### **Announcements**

**Offertory Solo** *Canarios* by Diego Fernandez de Huete (1657-1722)  
and Gaspar Sans (1640-1710) arr. Christa Patton for harp

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow

*Old 100th*

## **GREAT THANKSGIVING**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Lift up your hearts.

*People* **We lift them to the Lord.**

*Priest* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, holy, holy** (*see insert*)

Gevert 2017-06

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,**

**as we await the day of his coming.**

Lord God of our Ancestors; God of Abraham, Isaac, and Jacob, God of Sarah, Rebecca, Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem** “Blessed are those” (*see insert*)

Gevert 2017-06

**Distribution of Holy Communion at floor level**

*We offer wine and grape juice, blessed*

**Communion Hymn 324** Let all mortal flesh keep silence

*Picardy*

**Postcommunion Prayer**

**Bountiful God, we give thanks that you have refreshed us at your table by granting us the presence of Christ. Strengthen our faith, increase our love for one another, and send us forth into the world in courage and peace, rejoicing in the power of the Holy Spirit. Amen.**

UCC Book of Worship

**Blessing**

God, whom we expect and await, God who is ever with us; draw you to his love, draw you to his light, draw you to himself. And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

**Final Hymn 559** Lead us, heavenly Father, lead us

*Dulce Carmen*

**The Dismissal**

**Postlude** Improvisation on tune *Dulce Carmen*

*The altar flowers this morning are given in honor of Judith Frost's birthday.*

**Serving Today**

*Rector:* The Rev. Heidi Truax

*Music Director:* Christine Gevert

*Guest Musician:* Christa Patton, harp

*Minister of Communion:* Mary Anne Carley

*Lector:* Michelle Sisk

*Epistoler:* Emma Sisk

*Intercessor:* Linda Lloyd

*Altar Guild:* Theresa Kenny

*Flowers:* Michelle Sisk

*Counter:* Gordon Gustafson

*Usher:* Mike Cuoco

*Verger:* Geoff Brown

## Announcements

Thank you, Christa, for being with us today as our guest musician!

- Sun., Feb. 19** Chocolate Sunday! Please bring something chocolaty to share.  
10:30 AM Rev. Felix Rivera will be our preacher  
Also, we will commission our new and returning vestry members  
12 Noon Vestry meeting  
4:00 PM Misa en Español
- Wed., Feb. 22** 12:30 PM Short Ash Wednesday service  
6:00 PM Ash Wednesday service with Eucharist and ashes
- ❧ ❧ ❧
- Mondays** 7:00 PM Crescendo Rehearsal
- Tuesdays** 7:00 PM Overeaters Anonymous in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge  
6:00 PM on first and last Wednesday of the month, Women’s AA in Walker Hall
- Thursdays** 1:00 PM Bible Study on Zoom.
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office

*Please remember that we are filming this service  
and wait to have private conversations until after you have left the nave.*

### **Music Credits for Live Stream**

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‘Tiento’ for harp – Anonymous from “Libro de cifra Nueva ... de Luys Venegas de Henestrosa (1557)”; and  
Canarios by Diego Fernandez de Huete (1657-1722) from Compendio Numeroso (1702) and Gaspar Sans  
(1640-1710), from Instrucción de música sobre la guitarra española, Zaragoza, 1674s; arr. Christa Patton,  
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