

TRINITY EPISCOPAL CHURCH

Offering Companionship along the Way

THE FIRST SUNDAY OF LENT

FEBRUARY 26, 2023

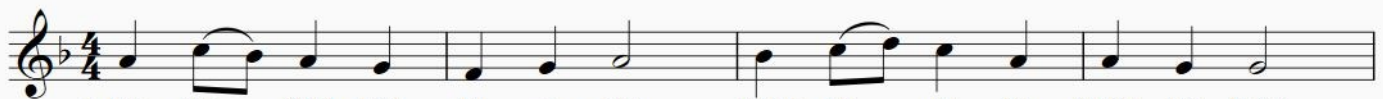


The Judean desert east of Jerusalem on the way down to the Jordan River

Prelude Organ improvisation on tune *Kelmarsh*

Opening Hymn

Desert Wind, find us again



1. Des - ert Wind, find us a - gain, move us___ on to where we learn
2. Life be - gins with blithe in - tent and burns quick with bright de - sires
3. This is Lent's e - piph - a - ny Wis - dom___ de - con - struct - ing fear,
4. Des - ert Wind, find us a - gain, move us___ on to where we learn



we are___ child - ren of the dust and to___ dust we shall re - turn.
but will___ al - so be re - vealed in the ash - es of our fires.
as we___ see that life is short and yet trust that God is near.
we are___ child - ren of the dust and to dust we shall re - turn.

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Music: ©2015 Thurlow Weed. Tune *Kelmarsh* 77.77

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Pastor Blessed be God; Father, Son and Holy Spirit.

People **And blessed be God's kingdom, now and forever. Amen.**

Pastor Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

The Trisagion: Hymnal S 100

David Hurd, b. 1950

**Holy God,
Holy and mighty,
Holy Immortal One,
Have mercy upon us.**

Pastor The Lord be with you.

People **And also with you.**

Pastor Let us pray together our collect.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

A reading from the Book of Genesis 2:15-17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'"

But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 32:1-8

Gevert-12

1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!

2 Happy are they to whom the LORD imputes no guilt, *
and in whose spirit there is no guile!

3 While I held my tongue, my bones withered away, *
because of my groaning all day long.

4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.

5 Then I acknowledged my sin to you, *
and did not conceal my guilt.

6 I said, " I will confess my transgressions to the LORD." *
Then you forgave me the guilt of my sin.

7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.

8 You are my hiding-place; you preserve me from trouble; *
you surround me with shouts of deliverance.

A Reading from Paul's Letter to the Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn WLP 810 You who dwell in the shelter of the Lord

Eagle's Wings

WLP is our supplemental green hymnal

Priest The Holy Gospel of our Lord Jesus Christ according to Matthew 4:1-11

People **Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,' and 'On their hands they will bear you up,

so that you will not dash your foot against a stone.”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” Then the devil left him, and suddenly angels came and waited on him.

Priest The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon

The Rev. Heidi Truax

A time of Silent Reflection

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father. Through him all things were made.**

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man. For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried. On the third day he rose again
in accordance with the Scriptures; he ascended into heaven**

**and is seated at the right hand of the Father. He will come again in glory to judge
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

I ask your prayers for God's people throughout the world; for our Presiding Bishop Michael, our Diocesan Bishops Jeffrey and Laura; for this gathering and for all ministers and people. Pray for the Church.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. (*We read from the book and leave time for names to be added*). Pray for those in any need or trouble.

I ask your prayers for all who seek God, or a deeper knowledge of the Holy. Pray that they may find and be found by God.

I ask your prayers for the departed (*we read from the book and leave time for names to be added*)
Pray for those who have died.

On our parish cycle of prayer, I ask your prayers for Rev John and Deborah Carter, Calli Carter and Dee Dee Davis, and Lonnie Carter and for their families.

I ask you to lift up in prayer all those things for which you are thankful today (*we leave time for thanksgivings to be added*).

Praise God for those in every generation in whom Christ has been honored Pray that we may have grace to glorify Christ in our own day.

The Confession

Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Priest The peace of the Lord be always with you.
People **And also with you.**

Announcements

Offertory Anthem "For he shall give his angels charge" (No. 7 from 'Elijah' Op. 70)
by Felix Mendelssohn (1809-1847)

For He shall give His angels charge over thee; that they shall protect thee in all the way thou goest; that their hands shall uphold and guide thee, lest thou dash thy foot against a stone.

Doxology Hymn 380, vs. 3 Praise God from whom all blessings flow *Old 100th*

GREAT THANKSGIVING

Priest The Lord be with you.
People **And also with you.**
Priest Lift up your hearts.
People **We lift them to the Lord.**
Priest Let us give thanks to the Lord our God.
People **It is right to give God thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing

Holy, holy, holy: Hymnal S 124 Sanctus

David Hurd, b. 1950

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**

And now as our savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Lamb of God: Hymnal S 161 Agnus Dei

David Hurd, b. 1950

Distribution of Holy Communion at the altar

We offer wine and grape juice, blessed

Communion Hymn 323 Bread of heaven, on thee we feed

Jesu, Jesu, du mein Hirt

Postcommunion Prayer

Almighty God, your Son Jesus Christ fasted forty days in the wilderness; give us grace to direct our lives in obedience to your Spirit; and as you know our weakness, so may we know your power to save; through Jesus Christ our Redeemer. Amen.

Blessing

Know the Mighty God as your strength and your shield: he is your fortress and your might. The Lord protect you from all evil and keep you in peace and love. And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

Glimpses of Glory, David Adam

Recessional Hymn 145 Now quit your care and anxious fear and worry

Quittez, Pasteurs

The Dismissal

Postlude Improvisation on tune *Quittez, Pasteurs*

Serving Today

Rector: The Rev. Heidi Truax

Music Director: Christine Gevert

Minister of Communion: Pari Forood

Lector: Diane Walters

Epistoler: John Lloyd

Intercessor: M.E. Freeman

Altar Guild: Mike Cuoco

Counter: Gordon Gustafson

Greeter/Usher: Jim Conzo

Verger: Geoff Brown



Another view of the parched Judean desert where sometimes water flows through this wadi.

Announcements

- Sunday, Mar.. 5** We resume our once-a-month Thank Offering to benefit a charity of the Sunday School's choosing.
- Sat. March 11** 6:00 PM Crescendo presents Carissimi's *Jephte* and *Misse L'homme Armeè*
- Sun., March 12** Daylight Savings begins
- Sun., March 19** Next Vestry Meeting
- Sun., March 26** 11:45 AM Outreach Brunch returns with visits from (hopefully) four librarians
4:00 PM Misa en español



- Mondays** 7:00 PM Crescendo Rehearsal
- Tuesdays** 7:00 PM Overeaters Anonymous in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge
6:00 PM on first and last Wednesday of the month, Women's AA in Walker Hall
- Thursdays** 1:00 PM Bible Study on Zoom.
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office

Please consider donating to Episcopal Relief & Development to provide support to people affected by the deadly earthquake along the border between Turkey and Syria. Visit episcopalrelief.org to make a contribution to the [Turkey-Syria Earthquake Response Fund](#).

Music Credits for Live Stream

Music Credits for Live Stream: Hymns “Desert Wind, find us again” by Thurlow Weed (1797–1882), “You who dwell in the shelter of the Lord” by Michael Joncas, b. 1951, and Service music S100, S124, and S161 by David Hurd, b. 1950 are reproduced (performed) with permission of OneLicense A-730466. All rights reserved. Hymns 145, 323, 380: Copyright: Public Domain.

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