

# TRINITY EPISCOPAL CHURCH

*Offering Companionship along the Way*

## THE SEVENTH SUNDAY AFTER PENTECOST

JULY 16, 2023

**Prelude Organ improvisation on tune *Ora labora***

**Processional Hymn 541** Come, labor on

*Ora labora*

*Pastor* Blessed be God; Father Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen.**

*Pastor* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

**The Gloria: Hymnal S 280**

Robert J. Powell

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.**

*Pastor* The Lord be with you.

*People* **And also with you.**

*Pastor* Let us pray together our collect.

**O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.***

**A Reading from the Book of Genesis 25:19-34**

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the LORD for his wife, because she was barren; and

the LORD granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the LORD. And the LORD said to her,

"Two nations are in your womb,  
and two peoples born of you shall be divided;  
the one shall be stronger than the other,  
the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

## **Psalm 119:105-112**

*Gevert-5*

- 105 Your word is a lantern to my feet \*  
and a light upon my path.
- 106 I have sworn and am determined \*  
to keep your righteous judgments.
- 107 I am deeply troubled; \*  
preserve my life, O LORD, according to your word.
- 108 Accept, O LORD, the willing tribute of my lips, \*  
and teach me your judgments.
- 109 My life is always in my hand, \*  
yet I do not forget your law.
- 110 The wicked have set a trap for me, \*  
but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; \*  
truly, they are the joy of my heart.
- 112 I have applied my heart to fulfill your statutes \*  
for ever and to the end.

## **A Reading from Paul's Letter to the Romans 8:1-11**

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to

deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn 588** Almighty God, your word is cast

*Call Street*

**Gospel Acclamation “Alleluia”** *(see insert sheet for music)*

*Pastor Heidi*        The Holy Gospel of our Lord according to Matthew 13:1-9, 18-23

*People*                **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: “Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!”

“Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”

*Priest*                The Gospel of the Lord.

*People*                **Praise to you, Lord Christ.**

**Sermon**

Pastor Heidi Truax

**Moment of silence for reflection**

## The Nicene Creed

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father. He will come again in glory to judge  
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy: **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy: **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy: **Hear our prayer.**

We give thanks to you, Lord God, for all your blessings. We pray in gratitude for the celebrations of our lives (*we lift up in prayer all those things for which we are thankful*).

Lord in your goodness: **Hear our prayer.**

Bless all whose lives are closely linked with ours. On our parish cycle of prayer we pray today for Stephanie Barrett, Pat and Steve Barton, for Stuyvie Bears, and for their families. Grant that we may serve Christ in them, and love one another as God loves us.

Lord, in your mercy: **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit (*we read from the book and leave time for names to be added*). Give them courage and hope in their troubles and bring them the joy of your salvation.

Lord, in your mercy: **Hear our prayer.**

We commend to your mercy all who have died (*we read from the book and leave time for names to be added*). We pray that your will for them may be fulfilled, and that we may share with all your saints in your eternal kingdom.

Lord, in your mercy: **Hear our prayer.**

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Priest*           The peace of the Lord be always with you.  
*People*           **And also with you.**

### **Announcements**

**Offertory Hymn 404** We will extol you, ever-blessed Lord *Old 124th*

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow *Old 100th*

## **GREAT THANKSGIVING**

*Priest*           The Lord be with you.

*People*           **And also with you.**

*Priest*           Lift up your hearts.

*People*           **We lift them to the Lord.**

*Priest*           Let us give thanks to the Lord our God.

*People*           **It is right to give God thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

**Holy, holy, holy** (*see insert sheet for music*)

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem** “Christ our Passover / Cristo, nuestra Pascua” (*see insert sheet for music*)

**Communion Hymn 662** Abide with me

*Eventide*

*Today we will finally resume our long-accustomed way of receiving communion. You may drink from the chalice, or you may instinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. Also, we will continue to offer grape juice as well as wine.*

## Postcommunion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

## Blessing

God is with you, a light to your path, a companion on the road, a friend for your journey, a sure support and presence at all times. And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. Amen.

**Closing Hymn 410** Praise, my soul, the King of heaven

*Lauda anima*

## The Dismissal

*Pastor Heidi* Go in peace to love and serve the Lord.

**People** Thanks be to God!

**Postlude** Organ improvisation on tune *Lauda anima*

*The altar flowers this morning are given to the Glory of God  
and in loving memory of our sister, Jane Tuttle.*

## Serving Today

*Rector:* The Rev. Heidi Truax

*Music Director:* Christine Gevert

*Minister of Communion:* Pari Forood

*Lector:* David Booth Beers

*Epistoler:* Alan Swide

*Intercessor:* Linda Lloyd

*Altar Guild:* Bev Becker

*Flowers:* Marian Beers

*Counter:* Barry Anderson

*Greeter/Usher:* Alan Swide/Mike Cuoco

*Verger:* Geoff Brown

## Announcements

*For the rest of July, Sunday School will be held at 9:00 AM. There will be no Sunday School in August.*

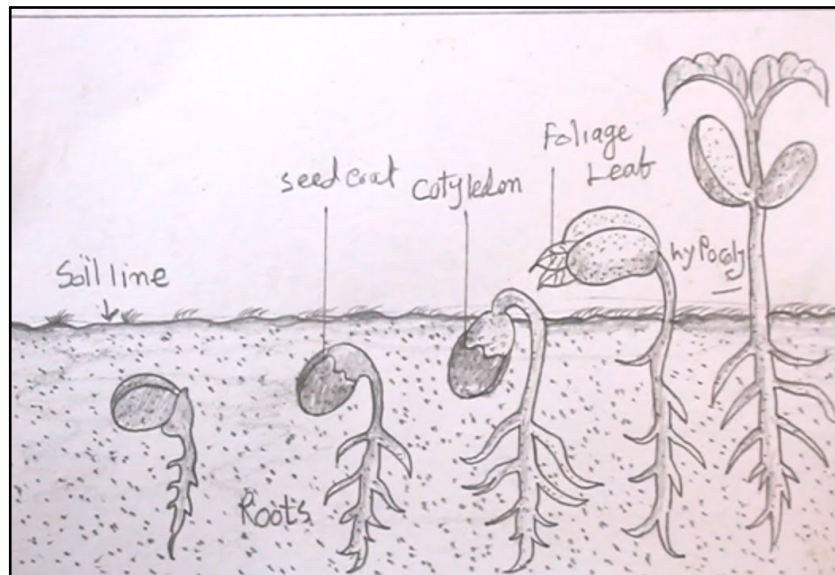
**Today** 12 Noon Next Vestry meeting

**Sunday, July 30** 4:00 PM Next Misa en español

- Aug. 7—Aug. 29** Pastor Heidi will be on vacation. Please contact Sr. Warden, Linda Lloyd for pastoral emergencies.
- Sunday, Aug. 13** The Rev. Woody Woodruffe, Supply priest at 8 and 10:30 AM
- Sunday, Aug. 20** No 8 AM service, David Beers leads Morning Prayer at 10:30 AM
- Sunday, Aug. 27** The Rev. Marilyn Anderson, Supply priest at 8, 10:30 AM, and 4 PM Misa
- Friday, Sept. 15** 5—7 PM—Save the date! Opening reception for the Trinity Juried Art Show

### Weekly Schedule

- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge  
6:00 PM on first and last Wednesday of the month, Women’s AA in Walker Hall
- Thursdays** 1:00 PM Bible Study on Zoom **Now studying the Book of Proverbs**
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.



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*Offering Companionship Along the Way*