



Door on roof of Church of the Holy Sepulcher in Jerusalem

TRINITY EPISCOPAL CHURCH

Offering Companionship along the Way

THE FOURTH SUNDAY AFTER THE EPIPHANY

JANUARY 28, 2024

Prelude Organ improvisation on tune *Stuttgart*

Opening Hymn 127 Earth has many a noble city *Stuttgart*

Pastor Blessed be God; Father Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

Pastor Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

The Gloria: Hymnal S 280 Gloria in excelsis

Powell

Pastor The Lord be with you.
People **And also with you.**
Pastor Let us pray together our collect.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Reading from the Book of Deuteronomy 18:15-20

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader The Word of the Lord.
People **Thanks be to God.**

1 Hallelujah!

I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.

2 Great are the deeds of the LORD! *
they are studied by all who delight in them.

3 His work is full of majesty and splendor, *
and his righteousness endures for ever.

4 He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.

5 He gives food to those who fear him; *
he is ever mindful of his covenant.

6 He has shown his people the power of his works *
in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; *
all his commandments are sure.

8 They stand fast for ever and ever, *
because they are done in truth and equity.

9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.

10 The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

A Reading from Paul's First Letter to the Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience

when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn 133 O Light of Light, Love given birth

Elmhurst

Gospel Acclamation “Alleluia”

Plainsong, arr. Gevert



Pastor The Holy Gospel of our Lord according to Mark 1:21-28

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Pastor The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Rev. Heidi Truax

Moment of silence for reflection

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man. For our sake he was crucified under Pontius Pilate;
he suffered death and was buried. On the third day he rose again
in accordance with the Scriptures; he ascended into heaven
and is seated at the right hand of the Father. He will come again in glory to judge
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.**

Prayers of the People

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, especially in those places where there is war and strife, for the welfare of the Holy Church of God and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our President, Joe; for our Governors, Maura, Kathy and Ned, for the leaders of all nations and for all in authority, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering especially *(we read from the book and leave time for other names to be added,)* let us pray to the Lord.

Lord, have mercy.

For all those things for which we are thankful *(we leave time to lift up thanksgivings)* and for those on our parish cycle of prayer, Fran Colombo, Jim Conzo and Mike Cuoco, and for their families, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection *(we read from the book and leave time for names to be added,)* and for all the departed, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son and Holy Spirit, now and for ever. **Amen.**

The Confession

Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we hum-

bly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Pastor The peace of the Lord be always with you.

People **And also with you.**

Announcements

Offertory Hymn 397 Now thank we all our God

Nun danket alle Gott

Doxology Hymn 380, vs. 3 Praise God from whom all blessings flow

Old 100th

THE GREAT THANKSGIVING

Priest The Lord be with you.

People **And also with you.**

Priest Lift up your hearts.

People **We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; you brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; and so as the morning stars sing your praises we join the heavenly beings and all creation as we shout for joy:

Holy, holy, holy: Hymnal S 125 Sanctus

Proulx

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

Glory and honor are yours, Creator of all, your Word has never been silent; you call a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the New Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice, and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. Blessed are you now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem: Hymnal S 164 Agnus Dei

Schubert

Here at Trinity we welcome you to take communion with us if you seek a relationship with Jesus. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.

Communion Hymn 126 The people who in darkness walked

Dundee

Postcommunion Prayer

Almighty God, we thank you for feeding us with the body and blood of your son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your spirit to live and work to your praise and glory. Amen.

The Episcopal Diocese of Jerusalem

Blessing

May God the Father bless you, God the son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul and set your heart on fire! **Amen.**

Closing Hymn 344 Lord, dismiss us with thy blessing

Sicilian Mariners

The Dismissal

Pastor Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude Organ improvisation on tune *Sicilian Mariners*

*The altar flowers this morning are given to the glory of God
and in loving memory of C. Frederick Hachmeister by the Orzano/
Hachmeister family, and in loving memory of
Richard L. Carley by Mary Anne Carley and Theresa Kenny.*

Serving Today

Rector: The Rev. Heidi Truax

Music Director: Christine Gevert

Minister of Communion: Mary Anne Carley

Lector: Marian Beers

Epistoler: John Lloyd

Intercessor: Roy Bickley

Altar Guild: Theresa Kenny

Flowers: Heather Chapman

Counter: Gordon Gustafson

Greeter/Usher: Jim Conzo/ Libby Abelow

Verger: Geoff Brown

Trinity Vestry

Linda Lloyd, Sr. Warden

Theresa Kenny, Jr. Warden

M. E. Freeman, Treasurer

Jim Conzo, Clerk

Stephanie Barrett, Marian Beers, Al Dorf,

Emily DiMartino, Jarrod Sisk, Alan Swide

Announcements

- Saturday, Feb. 3** 3:00 PM Crescendo Concert: “Optime pastor” Renaissance Motets
- Sunday, Feb. 11** 9:30 AM Burning of last year’s blessed palms for ashes on the 14th
- Wed., Feb. 14** 12 Noon—Short Ash Wednesday service
6:00 PM Ash Wednesday service with music
- Saturday, Feb. 17** 11:00 AM Burial Service and reception for Kitty Benedict
- Sunday, Feb. 18** Noon—Vestry Meeting in the Guild Room (and on zoom)
- Saturday, Feb 24** Noon—Misa en Español
- Sunday, Feb. 25** The Rev. Felix Rivera, Deacon, preacher at both 8 and 10:30 services

Weekly Schedule

- Mondays** 6:30 PM Crescendo rehearsal in Walker Hall
- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge
6:00 PM on first and last Wednesday of the month, Women’s AA in Walker Hall
- Thursdays** 1:00 PM Bible Explorers: The Books of Ezra and Nehemiah
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service
and wait to have private conversations until after you have left the nave.*

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THE REV. FELIX RIVERA, DEACON AND HISPANIC MISSIONER
Offering Companionship Along the Way