

Celebrating 150 Years



Trinity Episcopal Church  
Lime Rock, CT

# Trinity Episcopal Church

*Offering Companionship along the Way*

## The Third Sunday after Pentecost

# June 9, 2024

**Prelude** Organ improvisation on tune *Blaenhafren*

**Opening Hymn 610** Lord, whose love through humble service

*Blaenhafren*

*Priest* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

*Pastor* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**The Gloria: Hymnal S 279** Gloria in excelsis

Gerald R. Near b. 1942

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,**

**we worship you, we give you thanks,**

**we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**

**you take away the sin of the world:**

**have mercy on us;**

**you are seated at the right hand of the Father:**

**receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,**

**you alone are the Most High,**

**Jesus Christ, with the Holy Spirit,**

**in the glory of God the Father. Amen.**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray together our collect:

**O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

## **A Reading from The First Book of Samuel 8:4-11, 16-20**

All the elders of Israel gathered together and came to Samuel at Ramah, and said to him, “You are old and your sons do not follow in your ways; appoint for us, then, a king to govern us, like other nations.” But the thing displeased Samuel when they said, “Give us a king to govern us.” Samuel prayed to the LORD, and the LORD said to Samuel, “Listen to the voice of the people in all that they say to you; for they have not rejected you, but they have rejected me from being king over them. Just as they have done to me, from the day I brought them up out of Egypt to this day, forsaking me and serving other gods, so also they are doing to you. Now then, listen to their voice; only—you shall solemnly warn them, and show them the ways of the king who shall reign over them.”

So Samuel reported all the words of the LORD to the people who were asking him for a king. He said, “These will be the ways of the king who will reign over you: he will take your sons and appoint them to his chariots and to be his horsemen, and to run before his chariots; He will take your male and female slaves, and the best of your cattle and donkeys, and put them to his work. He will take one-tenth of your flocks, and you shall be his slaves. And in that day you will cry out because of your king, whom you have chosen for yourselves; but the LORD will not answer you in that day.”

But the people refused to listen to the voice of Samuel; they said, “No! but we are determined to have a king over us, so that we also may be like other nations, and that our king may govern us and go out before us and fight our battles.”

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

## **Psalm 138**

*Gevert-1*

- 1 I will give thanks to you, O LORD, with my whole heart; \*  
before the gods I will sing your praise.
- 2 I will bow down toward your holy temple and praise your Name, \*  
because of your love and faithfulness;
- 3 For you have glorified your Name \*  
and your word above all things.
- 4 When I called, you answered me; \*  
you increased my strength within me.
- 5 All the kings of the earth will praise you, O LORD, \*  
when they have heard the words of your mouth.
- 6 They will sing of the ways of the LORD, \*  
that great is the glory of the LORD.
- 7 Though the LORD be high, he cares for the lowly; \*  
he perceives the haughty from afar.
- 8 Though I walk in the midst of trouble, you keep me safe; \*  
you stretch forth your hand against the fury of my enemies;  
your right hand shall save me.
- 9 The LORD will make good his purpose for me; \*  
O LORD, your love endures for ever; do not abandon the works of your hands.

## A Reading from Paul's Second Letter to the Corinthians 4:13-5:1

Just as we have the same spirit of faith that is in accordance with scripture—"I believed, and so I spoke"—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn** "Healing" by Kenneth Lowenberg - *see insert*

**Gospel Acclamation** "Alleluia! Holy Lord God Almighty"

by George Alexander MacFarren (1813-1877)

Al - le - lu - ia! Ho - ly, Lord God Al - migh - ty, Ho - ly, Ho - ly,  
Ho - ly Lord God Al - migh - ty, which was, \_\_\_\_\_ and is \_\_\_\_\_ and  
is \_\_\_\_\_ to come. \_\_\_\_\_ Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia!

*Pastor*        The Holy Gospel of our Lord according to Mark 3:20-35

*People*        **Glory to you, Lord Christ.**

The crowd came together again, so that Jesus and his disciples could not even eat. When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

"Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin"—for they had said, "He has an unclean spirit."

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother."

*Pastor*        The Gospel of the Lord.  
*People*        Praise to you, Lord Christ.

**The Sermon**

The Rev. Heidi Truax

**Minute of silence for reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father. He will come again in glory to  
judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come.**

**Amen.**

**Prayers of the People**

I ask your prayers for God's people throughout the world; for our Presiding Bishop Michael, our Diocesan Bishops Jeffrey and Laura; for this gathering and for all ministers and people. Pray for the Church.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. (*We read from the book and leave time for names to be added*). Pray for those in any need or trouble.

I ask your prayers for all who seek God, or a deeper knowledge of the Holy. Pray that they may find and be found by God.

I ask your prayers for the departed (*we read from the book and leave time for names to be added*)  
Pray for those who have died.

On our parish cycle of prayer, I ask your prayers for Tim Ward, Arete Warren, Norma Wright and for their families.

I ask you to lift up in prayer all those things for which you are thankful today...(*we leave time for thanksgivings to be added*).

Praise God for those in every generation in whom Christ has been honored Pray that we may have grace to glorify Christ in our own day.

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **The Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

*Pastor*        The peace of the Lord be always with you.  
*People*        **And also with you.**

### **Announcements**

**Offertory Hymn 656** Blest are the pure in heart *Franconia*

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow *Old 100<sup>th</sup>*

## **THE GREAT THANKSGIVING**

*Priest*        The Lord be with you.  
*People*        **And also with you.**  
*Priest*        Lift up your hearts.  
*People*        **We lift them to the Lord.**  
*Priest*        Let us give thanks to the Lord our God.  
*People*        **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.  
**Glory to you for ever and ever.**

At your command all things came to be; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.  
**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you and betrayed your

trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, holy, holy: Hymnal S 124 Sanctus**

David Hurd, b. 1950

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection,  
as we await the day of his coming.**

Lord God of our Ancestors; God of Abraham, Isaac, and Jacob, God of Sarah, Rebecca, Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*Here at Trinity we welcome you to take communion with us. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.*

**Communion Hymn 339** Deck thyself, my soul, with gladness

*Schmücke dich*

**Postcommunion Prayer**

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**Blessing**

God is with you, a light to your path, a companion on the road, a friend for your journey, a sure support and presence at all times. And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

**Closing Hymn 529** In Christ there is no East or West

*McKee*

**The Dismissal**

*Pastor* Let us go forth in the power of the Spirit.  
*People* **Thanks be to God.**

**Postlude** Organ improvisation on tune *McKee*

*The altar flowers this morning are given to the glory of God and in loving memory of Roy and Evelyn Bickley.*

**Serving Today**

*Rector:* The Rev. Heidi Truax  
*Music Director:* Christine Gevert  
*Minister of Communion:* Mary Anne Carley  
*Lector:* Pari Forood  
*Epistoler:* Brian Cheney  
*Intercessor:* Mary Anne Carey  
*Altar Guild:* Mike Cuoco  
*Flowers:* Theresa Kenny  
*Counter:* Martha Nesbitt  
*Greeter/Usher:* Mike Cuoco/ Jim Conzo  
*Verger:* Geoff Brown

## Announcements

- Sunday, June 16** Father's Day~all men and boys will receive a little gift  
12:00 Noon Vestry Meeting
- Thurs., June 13** 6:00 PM Cathedral Chapter meeting in Hartford
- Thurs., June 20** 6:30 PM Confirmation classes begin (See Pastor Heidi for schedule if interested)
- June 23-28** Episcopal Church 81st General Convention in Louisville, Kentucky

*Sunday School will continue in the summer, but will have a varied schedule. Please speak to Pastor Heidi to be put on our Text Message List to stay updated about Sunday School dates and times.*

## Weekly Schedule

- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** Services at Noble Horizons, Geer Nursing, Geer Lodge  
6:00 PM Women's AA in Walker Hall (in person and online every week)
- Thursdays** 1:00 PM Bible Explorers: *Genesis*
- Fridays** 6:00 PM Bible Study at Trinity Glen
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service  
and wait to have private conversations until after you have left the nave.*

## Music Credits, Permissions, Licenses

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### **Trinity Episcopal Church**

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The Rev. Heidi Truax, Rector

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