

# Trinity Episcopal Church

*Offering Companionship along the Way*

**The Eleventh Sunday after Pentecost**

**August 4, 2024**



**Prelude** “*Et post dies sex*” by Francisco Guerrero (1528-1599)\*

*\*Sung by members of Crescendo Vocal Ensemble*

*Latin text*

Et post dies sex assumpsit Iesus Petrum  
et Iacobum et Ioannem fratrem eius  
et duxit illos in montem excelsum seorsum:  
et transfiguratus est ante eos.  
Et resplenduit facies eius sicut sol:  
vestimenta autem eius facta sunt alba sicut nix  
et ecce apparuerunt illis  
Moyses et Elias cum eo loquentes.  
Respondens autem Petrus, dixit ad Iesum:  
Domine, bonum est nos hic esse  
si vis faciamus hic tria tabernacula  
tibi unum et Moysi unum et Eliæ unum.

*English translation*

And after six days Jesus taketh unto him Peter  
and James, and John his brother,  
and bringeth them up into a high mountain apart:  
And he was transfigured before them.  
And his face did shine as the sun:  
and his garments became white as snow.  
And behold there appeared to them  
Moses and Elias talking with him.  
And Peter answering, said to Jesus:  
Lord, it is good for us to be here:  
if thou wilt, let us make here three tabernacles,  
one for thee, and one for Moses, and one for Elias.  
[Matth. 17 - Rheims 1582]

**Processional Hymn 518** Christ is made the sure foundation

*Westminster Abbey*

*Priest* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God’s kingdom, now and forever. Amen.**

*Pastor* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray together our collect:

**Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen..**

### **A Reading from the Second Book of Samuel 11:26-12:13a**

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give

them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.” David said to Nathan, “I have sinned against the Lord.”

*Reader*        The Word of the Lord.  
*People*        **Thanks be to God.**

### **Psalm 51:1-8**

John Davy (1763-1824)

- 1 Have mercy on me, O God, according to your loving-kindness; \*  
in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
and cleanse me from my sin.
- 3 For I know my transgressions, \*  
and my sin is ever before me.
- 4 Against you only have I sinned \*  
and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.

### **The Paul's Letter to the Ephesians 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming.

But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*Reader*        The Word of the Lord.  
*People*        **Thanks be to God.**

**Gradual Hymn 335** I am the bread of life

*I am the bread of life*

**Gospel Acclamation** “Alleluia” (*see insert*)

*Plainsong*, arr. Gevert

*Pastor*        The Holy Gospel of our Lord according to John 6:24-35  
*People*        **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

*Pastor*        The Gospel of the Lord.  
*People*        **Praise to you, Lord Christ.**

**The Sermon**

The Rev. Heidi Truax

**Minute of silence for reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,**

**and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Prayers of the People**

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy: **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy: **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy: **Hear our prayer.**

We give thanks to you, Lord God, for all your blessings. We pray in gratitude for the celebrations of our lives (*we lift up in prayer all those things for which we are thankful*).

Lord in your goodness: **Hear our prayer.**

Bless all whose lives are closely linked with ours. On our parish cycle of prayer we pray today for Ginny Dildine, Emily DiMartino, Al and Alexis Dorf and for their families. Grant that we may serve Christ in them and love one another as God loves us.

Lord, in your mercy: **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit (*we read from the book and leave time for names to be added*). Give them courage and hope in their troubles and bring them the joy of your salvation.

Lord, in your mercy: **Hear our prayer.**

We commend to your mercy all who have died (*we read from the book and leave time for names to be added*). We pray that your will for them may be fulfilled, and that we may share with all your saints in your eternal kingdom.

Lord, in your mercy: **Hear our prayer.**

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**

## The Confession

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

## Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

*Pastor*        The peace of the Lord be always with you.

*People*        **And also with you.**

## Announcements

**Offertory Anthem** “In splendenti nube” by Peter Philips (1560/61-1628)\*

\*Sung by members of Crescendo Vocal Ensemble

### *Latin text*

In splendenti nube  
Spiritus Sanctus visus est,  
Paterna vox audita est:  
«Hic est Filius meus dilectus  
in quo mihi bene complacui:  
ipsum audite.»  
Apparuit nubes obumbrans,  
et vox Patris intonuit:  
«Hic est ...

### *English translation*

In a splendid cloud  
the Holy Spirit was seen;  
The Father's voice was heard:  
This is my beloved Son  
in whom I am well pleased;  
Listen to Him.  
A cloud appeared and overshadowed them  
And the Father's voice was heard:  
This is my ...

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow

*Old 100<sup>th</sup>*

## THE GREAT THANKSGIVING

*Priest*        The Lord be with you.

*People*        **And also with you.**

*Priest*        Lift up your hearts.

*People*        **We lift them to the Lord.**

*Priest*        Let us give thanks to the Lord our God.

*People*        **It is right to give God thanks and praise.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Creator of the light and source of life, who hast made us in thine image and called us to new life in Jesus Christ our Lord. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy (*see insert*)**

Gevert 2017-06

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ. And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem:** “Blessed are those” (*see insert*)

Gevert 2017-06

*Here at Trinity we welcome you to take communion with us. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.*

**Communion Hymn 336** Come with us, O blessed Jesus

*Werde munter*

### **Postcommunion Prayer**

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

### **Blessing**

The peace of God which passeth all understanding, keep your hearts and minds in the knowledge and love of God and of God’s son Jesus Christ our Lord. And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. **Amen.**

**Closing Hymn 368** Holy Father, great Creator

*Regent Square*

### **The Dismissal**

*Pastor* Let us go forth in the power of the Spirit.

*People* **Thanks be to God.**

*The altar flowers this morning are given to the glory of God.*



## **Postlude “Hodie in monte” à 8 by Peter Philips (1560/61-1628)\***

\*Sung by members of Crescendo Vocal Ensemble

### *Latin text*

Hodie in monte transfigurato Domino  
aperti sunt caeli,  
et vox patris intonuit:  
Hic est Filius meus dilectus  
in quo mihi complacui.  
Intonuit de caelo Dominus  
et vox patris audita est.

### *English translation*

Today he was transfigured on the mountain of the Lord,  
the heavens were opened,  
and the voice of the father thundered:  
“This is my Son, the beloved,  
in whom I am well pleased.”  
The LORD thundered from heaven,  
and the voice of the Father was heard.

### ***Crescendo Vocal Ensemble Singers:***

*Kathy Drake, Joy Wyatt, soprano; Pat Barton, Christine Gevert, Mary Sullivan, alto;  
Steve Hassmer, Randy Orzano, tenor; Jim Barrett, Tom Schindler, bass*

### **Serving Today**

*Rector: The Rev. Heidi Truax*

*Music Director: Christine Gevert*

*Minister of Communion: Brian Cheney*

*Lector: Marian Beers*

*Epistoler: Tom Schindler*

*Intercessor: M.E. Freeman*

*Altar Guild: Bev Becker*

*Flowers: Theresa Kenny*

*Counter: John Lloyd*

*Greeter/Usher: Rachel Lamb/Mike Cuoco*

*Verger: Geoff Brown*

## Announcements

<b>Thurs., Aug 15</b>	5:30 PM Packet meeting for the 2024 CROP Walk at Salisbury Congregational
<b>Sunday, Aug. 18</b>	Guest preacher; The Rev. Canon D. Littlefield of ECCT 12:00 Noon ~ Vestry Meeting 2:00 PM NW Region meeting on Zoom
<b>Sept. 6-7</b>	Drop off dates for artists submitting works to the September Art Show
<b>Friday, Sep. 13</b>	5:00 ~ 7:00 PM Art show reception and awarding of prizes
<b>Sep. 14-15, 21-22</b>	10:00 AM—2:00 PM Annual Art Show open
<b>Sunday, Sep. 15</b>	12:00 Noon ~ Vestry Meeting

## Weekly Schedule

<b>Mondays</b>	5:00-7:00 PM Crescendo Summer Repertoire Sessions
<b>Tuesdays</b>	9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
<b>Wednesdays</b>	6:00 PM Women’s AA in Walker Hall (in person and online every week)
<b>Thursdays</b>	1:00 PM Bible Explorers: <i>The Letter of James</i> begins on <b>August 8</b>
<b>Saturdays</b>	9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service  
and wait to have private conversations until after you have left the nave.*

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# Celebrating 150 Years



1874 - 2024

## Trinity Episcopal Church Lime Rock, CT

### **Trinity Episcopal Church**

484 Lime Rock Rd. Lakeville, CT 06039  
860-435-2627      [www.trinitylimerock.org](http://www.trinitylimerock.org)

The Rev. Heidi Truax, Rector

*Offering Companionship Along the Way*

