

Celebrating 150 Years



1874 - 2024

Trinity Episcopal Church  
Lime Rock, CT

# Trinity Episcopal Church

*Offering Companionship along the Way*

**The Twelfth Sunday after Pentecost**

**August 11, 2024**

**Prelude** Organ improvisation on tune *Holy Manna*

**Processional Hymn 580** God, who stretched the spangled heavens

*Holy Manna*

*Priest* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

*Priest* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**The Gloria** (*see insert*)

Gevert 2023-06

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world:**

**have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High,**

**Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray together our collect:

**Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

**A Reading from the Second Book of Samuel 18:5-9, 15, 31-33**

The king, David, ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought

in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David.

Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armor-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man."

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

*Reader*        The Word of the Lord.  
*People*        **Thanks be to God.**

### **Psalm 34:1-8**

Charles Villiers Stanford (1852-1924)

1 I will bless the Lord at all times; \*  
his praise shall ever be in my mouth.

2 I will glory in the Lord; \*  
let the humble hear and rejoice.

3 Proclaim with me the greatness of the Lord; \*  
let us exalt his Name together.

4 I sought the Lord, and he answered me \*  
and delivered me out of all my terror.

5 Look upon him and be radiant, \*  
and let not your faces be ashamed.

6 I called in my affliction and the Lord heard me \*  
and saved me from all my troubles.

7 The angel of the Lord encompasses those who fear him, \*  
and he will deliver them.

8 Taste and see that the Lord is good; \*  
happy are they who trust in him!

### **A Reading from Paul's Letter to the Ephesians 4:25-5:2**

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words

may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn 702** Lord, thou hast searched me and dost know

*Tender Thought*

**Gospel Acclamation** “Alleluia” (*see insert*)

*Plainsong*, arr. Gevert

*Pastor*        The Holy Gospel of our Lord according to John 6:35, 41-51

*People*        **Glory to you, Lord Christ.**

Jesus said, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?” Jesus answered them, “Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

*Pastor*        The Gospel of the Lord.

*People*        **Praise to you, Lord Christ.**

**The Sermon**

The Rev. Heidi Truax

**Minute of silence for reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Prayers of the People**

In peace, let us pray to the Lord, saying, "Lord, have mercy."

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

**Lord, have mercy.**

For Michael, our Presiding Bishop, for Jeffrey and Laura our Bishops, for all lay and ordained ministers, and for all the holy people of God, we pray to you, O Lord.

**Lord, have mercy.**

For the mission of the Church, that in faithful witness we may preach the Gospel to the ends of the earth, we pray to you, O Lord.

**Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

**Lord, have mercy.**

For those on our parish cycle of prayer, Kathy Drake and Steve Potter, Russell and Cheryl Duntz, Pari Forood and for their families, and for all who live and work in our communities, we pray to you, O Lord.

**Lord, have mercy.**

For the poor, the persecuted, the sick, all who suffer and those who have asked for our prayers (*we read from the book and leave time for people to add names;*) for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

**Lord, have mercy.**

For ourselves; for the forgiveness of our sins, and for the grace of the Holy Spirit to amend our lives, we pray to you, O Lord.

**Lord, have mercy.**

For all who have died in the communion of your Church (*we read from the book and leave time for people to add names,*) and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

**Lord, have mercy.**

For all the blessings of our lives especially all we lift up in prayer at this time (*we leave time to lift up our thanksgivings.*) Give us grateful hearts, O Lord.

**Lord, have mercy.**

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

**To you, O Lord our God.**

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**Amen.**

*Pastor* The peace of the Lord be always with you.

*People* **And also with you.**

### **Announcements**

**Offertory Hymn 693, verses 1, 2, 4, 5** Just as I am, without one plea

*Woodsworth*

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow

*Old 100<sup>th</sup>*

## **THE GREAT THANKSGIVING**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Lift up your hearts.

*People* **We lift them to the Lord.**

*Priest* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. for you are the source of light and life. You made us in your image and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem:** "Blessed are those" (*see insert*)

Gevert 2017-06

*Here at Trinity we welcome you to take communion with us. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.*

**Communion Hymn 581** Where charity and love prevail

*Cheshire*

## Postcommunion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Lord God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

*Evangelical Lutheran Church in America*

## Blessing

And now to our Great God who is able to accomplish in us far more than we can ask or even imagine, to him be glory for ever and ever.

And the blessing of God Almighty, Father, Son and Holy Spirit be upon you and remain with you always. Amen.

**Closing Hymn 647** I know not where the road will lead

*Laramie*

## The Dismissal

*Pastor* Let us go forth in the power of the Spirit.

*People* **Thanks be to God.**

**Postlude** Organ improvisation on tune *Laramie*

*The altar flowers this morning are given to the glory of God  
And in loving memory of Dennis Weiscopef by Jim Conzo.*

## Serving Today

*Rector:* The Rev. Heidi Truax

*Music Director:* Christine Gevert

*Minister of Communion:* Mary Anne Carley

*Lector:* Diane Walters

*Epistoler:* Marian Beers

*Intercessor:* TBD

*Altar Guild:* Mike Cuoco

*Flowers:* Tom Schindler

*Counter:* Martha Nesbitt

*Greeter/Usher:* Diane Walters and Jim Conzo

*Verger:* Geoff Brown

## Announcements

- Thurs., Aug 15** 5:30 PM Packet meeting for the 2024 CROP Walk at Salisbury Congregational
- Sunday, Aug. 18** Guest preacher; The Rev. Canon D Littlefield of The Episcopal Church in CT  
12:00 Noon ~ Vestry Meeting  
2:00 PM NW Region meeting on Zoom
- Sept. 6-7** Drop off dates for artists submitting works to the September Art Show
- Friday, Sep. 13** 5:00 ~ 7:00 PM Art show reception and awarding of prizes
- Sep. 14-15, 21-22** 10:00 AM—2:00 PM Annual Art Show open
- Sunday, Sep. 15** 12:00 Noon ~ Vestry Meeting
- Saturday, Sep. 28** Northwest Region Convocation at Camp Washington (time TBD)

## Weekly Schedule

- Mondays** 5:00-7:00 PM Crescendo Summer Repertoire Sessions
- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** 6:00 PM Women's AA in Walker Hall (in person and online every week)
- Thursdays** 1:00 PM Bible Explorers: *The Letter of James*
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service  
and wait to have private conversations until after you have left the nave.*

## Music Credits, Permissions, Licenses

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### **Trinity Episcopal Church**

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The Rev. Heidi Truax, Rector

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