

Celebrating 150 Years



1874 - 2024

Trinity Episcopal Church  
Lime Rock, CT

# Trinity Episcopal Church

*Offering Companionship along the Way*

**The Thirteenth Sunday after Pentecost**

**August 18, 2024**

**Prelude** Organ improvisation on tune *Wachet auf*

**Processional Hymn 484** Praise the Lord through every nation

*Wachet auf*

*Priest* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

*Priest* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**The Gloria** (*see insert*)

Gevert 2023-06

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,**

**we worship you, we give you thanks,**

**we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**

**you take away the sin of the world:**

**have mercy on us;**

**you are seated at the right hand of the Father:**

**receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,**

**you alone are the Most High,**

**Jesus Christ, with the Holy Spirit,**

**in the glory of God the Father. Amen.**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray together our collect:

**Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

**A Reading from the First Book of Kings 2:10-12; 3:3-14**

David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty-three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established.

Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar.

At Gibeon the Lord appeared to Solomon in a dream by night; and God said, "Ask what I should give you." And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?"

It pleased the Lord that Solomon had asked this. God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you have not asked, both riches and honor all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life."

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

### **Psalm 111:1-8**

Gevert-1

1 Hallelujah! I will give thanks to the Lord with my whole heart, \*  
in the assembly of the upright, in the congregation.

2 Great are the deeds of the Lord! \*  
they are studied by all who delight in them.

3 His work is full of majesty and splendor, \*  
and his righteousness endures for ever.

4 He makes his marvelous works to be remembered; \*  
the Lord is gracious and full of compassion.

5 He gives food to those who fear him; \*  
he is ever mindful of his covenant.

6 He has shown his people the power of his works \*  
in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

8 They stand fast for ever and ever, \*  
because they are done in truth and equity.

## A Reading from Paul's Letter to the Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

## Gradual Hymn "I am the Bread of Life"

*O Mentis Perfidus*



1. I am the Bread of Life, not as that bread of old: your  
2. The Bread that I will give shall be my liv - ing flesh, my  
3. Who - ev - er eats my flesh, who - ev - er drinks my blood, has  
4. His Son, who lives by him, the liv - ing Fa - ther sent; so



1. fa - thers man - na ate, they ate, and they are dead. This  
2. flesh, which I will give in death for all the world. In  
3. ev - er - last - ing life, and I will raise him up. My  
4. all who eat of me shall live by my own life. From



1. is the Bread from heav'n; who eats it shall not die; I  
2. truth I say to you: un - less you eat my flesh, un -  
3. flesh is food in - deed, my blood is drink in - deed; who  
4. heav - en bread came down; your fa - thers ate, and died. This



1. am the liv - ing Bread, the true Bread from a - bove.  
2. less you drink my blood, you have not life in you.  
3. eats and drinks of me dwells in me, I in him.  
4. Bread that I will give: eat, and for ev - er live.

Text: 66 66 D; John 6:48-51, 53-58; para. by James Quinn, SJ, © 1969, 1994, James Quinn, SJ.  
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*Pastor* The Holy Gospel of our Lord according to John 6:51-58

**People** **Glory to you, Lord Christ.**

Jesus said, “I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

*Pastor* The Gospel of the Lord.

**People** **Praise to you, Lord Christ.**

**The Sermon**

The Rev. Canon D Littlepage

**Minute of silence for reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father. He will come again in glory to judge  
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

In peace, we pray to you, Lord God.

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;  
**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;  
**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;  
**For those who minister to the sick, the friendless, and the needy.**

For the special needs and concerns of this congregation (*we read from the book and leave time for names to be added.*) Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life (*we leave time for thanksgivings to be offered.*) On our parish cycle of prayer we pray for M.E. Freeman, Danielle Gaherty, Jason Gladding and their families. We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom. (*We read from the book and leave time for other names to be added.*) Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

**Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

*Pastor*        The peace of the Lord be always with you.  
*People*        **And also with you.**

**Announcements and Thank Offering** (prayer # 46 from BCP page 829)

**Offertory Hymn 419** Lord of all being, throned afar *Mendon*

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow *Old 100<sup>th</sup>*

## **THE GREAT THANKSGIVING**

*Priest*        The Lord be with you.

*People*        **And also with you.**

*Priest*        Lift up your hearts.

*People*        **We lift them to the Lord.**

*Priest*        Let us give thanks to the Lord our God.

*People*        **It is right to give God thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us.

Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing

**Holy, holy, holy** (*see insert*)

Gevert 2017-06

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem:** “Blessed are those” (*see insert*)

Gevert 2017-06

*Here at Trinity we welcome all who are baptized to take communion with us. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.*

**Communion Hymn 321** My God, thy table now is spread

*Rockingham*

### **Postcommunion Prayer**

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

### **Blessing**

**Closing Hymn 397** Now thank we all our God

*Nun danket alle Gott*

### **The Dismissal**

*Pastor* Let us go forth in the power of the Spirit.  
*People* **Thanks be to God.**

**Postlude** Organ improvisation on tune *Nun danket alle Gott*

*The altar flowers this morning are given to the glory of God  
And in loving memory of Pam Shaw by Diane Walters.*

### **Serving Today**

*Rector:* The Rev. Heidi Truax

*Preacher:* The Rev. Canon D Littlepage

*Seminarian Intern:* Brian Cheney

*Music Director:* Christine Gevert

*Minister of Communion:* Mike Cuoco

*Lector:* Emma Sisk

*Epistoler:* Brian Cheney

*Intercessor:* Michelle Sisk

*Altar Guild:* Theresa Kenny

*Flowers:* Michelle Sisk

*Counter:* Bev Becker

*Greeter/Usher:* Brennan Sisk/Brian Cheney

*Verger:* Geoff Brown

## Announcements

<b>Today</b>	12:00 Noon ~ Vestry Meeting 2:00 PM NW Region meeting on Zoom
<b>Sunday, Aug. 25</b>	5:00 PM Crescendo Event
<b>Monday, Sep. 2</b>	12:45 PM Brian Cheney, Intern, leads Labor Day Invocation at Lime Rock Park
<b>Sep. 6-7</b>	Drop off dates for artists submitting works to the September Art Show
<b>Friday, Sep. 13</b>	5:00 ~ 7:00 PM Art show reception and awarding of prizes
<b>Sep. 14-15, 21-22</b>	10:00 AM—2:00 PM Annual Art Show open
<b>Sunday, Sep. 15</b>	12:00 Noon ~ Vestry Meeting
<b>Saturday, Sep. 28</b>	Northwest Region Convocation at Camp Washington (time TBD)
<b>Sunday, Sep. 29</b>	1:00 PM CROP Walk meet at Salisbury Congregational Church (rail trail walk)

## Weekly Schedule

<b>Mondays</b>	5:00-7:00 PM Crescendo Summer Repertoire Sessions
<b>Tuesdays</b>	9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
<b>Wednesdays</b>	6:00 PM Women's AA in Walker Hall (in person and online every week)
<b>Thursdays</b>	1:00 PM Bible Explorers: <i>The Letter of James</i>
<b>Saturdays</b>	9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service  
and wait to have private conversations until after you have left the nave.*

## Music Credits, Permissions, Licenses

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*"Glory to God" Gevert 2023-06, Psalm tone Gevert-1, "Alleluia" Plainsong arrangement, "Holy, holy, holy Lord" and "Blessed are those" Gevert 2017-06, and organ improvisations by Christine Gevert (b. 1964): © 2024 by Christine Gevert. All rights reserved, used with permission.*

### **Trinity Episcopal Church**

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The Rev. Heidi Truax, Rector

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