

Celebrating 150 Years



1874 - 2024

Trinity Episcopal Church  
Lime Rock, CT

# Trinity Episcopal Church

*Offering Companionship along the Way*

**The Fourteenth Sunday after Pentecost**

**August 25, 2024**

**Prelude** Organ improvisation on tune *Liebster Jesu*

**Processional Hymn 440** Blessed Jesus, at thy word

*Liebster Jesu*

*Priest* Blessed be God; Father, Son and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

*Priest* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**The Gloria** (*see insert*)

Gevert 2023-06

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,**

**we worship you, we give you thanks,**

**we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**

**you take away the sin of the world:**

**have mercy on us;**

**you are seated at the right hand of the Father:**

**receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,**

**you alone are the Most High,**

**Jesus Christ, with the Holy Spirit,**

**in the glory of God the Father. Amen.**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray together our collect:

**Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

**A Reading from the First Book of Kings 8:22-30, 41-43**

Then Solomon stood before the altar of the LORD in the presence of all the assembly of Israel, and spread out his hands to heaven. He said, "O LORD, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, the covenant that you kept for your servant my father David as you

declared to him; you promised with your mouth and have this day fulfilled with your hand. Therefore, O LORD, God of Israel, keep for your servant my father David that which you promised him, saying, ‘There shall never fail you a successor before me to sit on the throne of Israel, if only your children look to their way, to walk before me as you have walked before me.’ Therefore, O God of Israel, let your word be confirmed, which you promised to your servant my father David.

“But will God indeed dwell on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! Regard your servant’s prayer and his plea, O LORD my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day toward this house, the place of which you said, ‘My name shall be there,’ that you may heed the prayer that your servant prays toward this place. Hear the plea of your servant and of your people Israel when they pray toward this place; O hear in heaven your dwelling place; heed and forgive.

“Likewise when a foreigner, who is not of your people Israel, comes from a distant land because of your name—for they shall hear of your great name, your mighty hand, and your outstretched arm—when a foreigner comes and prays toward this house, then hear in heaven your dwelling place, and do according to all that the foreigner calls to you, so that all the peoples of the earth may know your name and fear you, as do your people Israel, and so that they may know that your name has been invoked on this house that I have built.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

### **Psalm 84:1-8**

William Crotch (1755-1847)

1 How dear to me is your dwelling, O Lord of hosts! \*  
My soul has a desire and longing for the courts of the Lord;  
my heart and my flesh rejoice in the living God.

2 The sparrow has found her a house and the swallow a nest where she may lay her young; \*  
by the side of your altars, O Lord of hosts, my King and my God.

3 Happy are they who dwell in your house! \*  
they will always be praising you.

4 Happy are the people whose strength is in you! \*  
whose hearts are set on the pilgrims' way.

5 Those who go through the desolate valley will find it a place of springs, \*  
for the early rains have covered it with pools of water.

6 They will climb from height to height, \*  
and the God of gods will reveal himself in Zion.

7 Lord God of hosts, hear my prayer; \*  
hearken, O God of Jacob.

8 Behold our defender, O God; \*  
and look upon the face of your Anointed.

### **A Reading from Paul’s Letter to the Ephesians 6:10-20**

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood

and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn 421** All glory be to God on high

*Allein Gott in der Höh*

**Gospel Acclamation** “Alleluia” (*see insert*)

*Plainsong*, arr. Gevert

*Pastor*        The Holy Gospel of our Lord according to John 6:56-69

*People*        **Glory to you, Lord Christ.**

Jesus said, “Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, “This teaching is difficult; who can accept it?” But Jesus, being aware that his disciples were complaining about it, said to them, “Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.” For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, “For this reason I have told you that no one can come to me unless it is granted by the Father.”

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, “Do you also wish to go away?” Simon Peter answered him, “Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.”

*Pastor*        The Gospel of the Lord.

*People*        **Praise to you, Lord Christ.**

**The Sermon**

The Rev. Heidi Truax

**Minute of silence for reflection**

## The Nicene Creed

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father. He will come again in glory to judge  
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our President, Joe; for our Governors, Maura, Kathy and Ned, for the leaders of all nations and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering especially *(we read from the book and leave time for other names to be added,)* let us pray to the Lord.

**Lord, have mercy.**

For all those things for which we are thankful *(we leave time to lift up thanksgivings)* and for those on our parish cycle of prayer, Gordon Gustafson and Christine Gevert, Molly Hardy, Fred and Sally Harris, and for their families, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection *(we read from the book and leave time for names to be added,)* and for all the departed, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To thee, O Lord our God.**

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son and Holy Spirit, now and for ever. **Amen.**

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Pastor*        The peace of the Lord be always with you.

*People*        **And also with you.**

### **Announcements and Thank Offering** (prayer # 46 from BCP page 829)

#### **Offertory Anthem** “Caro mea vere est cibus”

by Andrea Gabrieli (1532/33-1585)

*Latin text:* Caro mea vere est cibus: et sanguis meus vere est potus.

Qui manducat meam carnem et bibit meum sanguinem in me manet, et ego in eo [illo].

*English translation:* My flesh is meat indeed, and my blood is drink indeed.

Whoever eats my flesh and drinks my blood abides in me, and I in him. [John 6:56-57]

#### **Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow

*Old 100<sup>th</sup>*

## **THE GREAT THANKSGIVING**

*Priest*        The Lord be with you.

*People*        **And also with you.**

*Priest*        Lift up your hearts.

*People*        **We lift them to the Lord.**

*Priest*        Let us give thanks to the Lord our God.

*People*        **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy** (*see insert*)

Gevert 2017-06

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember his death,**

**We proclaim his resurrection,**

**We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem:** "Blessed are those" (*see insert*)

Gevert 2017-06

*Here at Trinity we welcome all to take communion with us. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer wheat and gluten free wafers, wine and grape juice. If you do not care to take communion but would like a blessing, please also come forward and ask Pastor Heidi for a blessing.*

**Communion Hymns 301** Bread of the world, in mercy broken  
**302** Father, we thank thee who hast planted

*Rendez à Dieu  
Rendez à Dieu*

### **Postcommunion Prayer**

**Almighty God, we thank you for feeding us with the body and blood of your son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your spirit to live and work to your praise and glory. Amen.**

*The Episcopal Diocese of Jerusalem*

### **Blessing**

Lord Jesus, true bread from heaven, giving life and refreshment to the world, fill our lives with your goodness, fill your church with your presence, that we may live and work to your praise, and the blessing of God Almighty; Father, Son and Holy Spirit be with you, now and always.  
**Amen.**

**Closing Hymn 460** Alleluia! Sing to Jesus

*Hyfrydol*

### **The Dismissal**

*Pastor* Let us go forth in the power of the Spirit.

**People** **Thanks be to God.**

**Postlude** Organ improvisation on tune *Hyfrydol*

*The altar flowers this morning are given to the glory of God  
and in loving memory of Gail Sturges Capozzi  
by her sister Beverly Becker.*

### **Serving Today**

*Rector:* The Rev. Heidi Truax

*Seminarian Intern:* Brian Cheney

*Music Director:* Christine Gevert

*Minister of Communion:* Theresa Kenny

*Lector:* John Lloyd

*Epistoler:* Bill Jenks

*Intercessor:* Linda Lloyd

*Altar Guild:* Bev Becker

*Flowers:* Marian Beers

*Counter:* Barry Anderson

*Greeter/Usher:* Diane Walters/Jim Conzo

*Verger:* Geoff Brown

## Announcements

- Today** 5:00 PM Crescendo Final Event of Summer Workshops: Open Rehearsal with Renaissance motets and works by J.S. Bach
- Monday, Sep. 2** 12:45 PM Brian Cheney, Intern, leads Labor Day Invocation at Lime Rock Park
- Sep. 6-7** Drop off dates for artists submitting works to the September Art Show
- Friday, Sep. 13** 5:00 ~ 7:00 PM Art show reception and awarding of prizes
- Sep. 14-15, 21-22** 10:00 AM ~ 2:00 PM Annual Art Show open
- Sunday, Sep. 15** 12:00 Noon ~ Vestry Meeting
- Saturday, Sep. 28** 11:00 am ~ 2:00 pm Northwest Region Convocation at Camp Washington
- Sunday, Sep. 29** 1:00 PM CROP Walk meet at Salisbury Congregational Church (rail trail walk)
- Sun., Oct. 6 or 13** After Church building of planter boxes for Habitat for Humanity

## Weekly Schedule

- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** 6:00 PM Women's AA in Walker Hall (in person and online every week)
- Thursdays** 1:00 PM Bible Explorers: *Women of the Bible*
- Saturdays** 9:00 AM till Noon: Bookkeeper, Nancy Hiller is in the office every other Sat.

*Please remember that we are filming this service  
and wait to have private conversations until after you have left the nave.*

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"Glory to God" Gevert 2023-06, "Alleluia" Plainsong arrangement, "Holy, holy, holy Lord" and "Blessed are those" Gevert 2017-06, and organ improvisations by Christine Gevert (b. 1964): © 2024 by Christine Gevert. All rights reserved, used with permission.

### **Trinity Episcopal Church**

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The Rev. Heidi Truax, Rector

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